

Great ways to use 4-H Hearts for Healthcare Workers pages!



There are so many ways to incorporate service into 4-H clubs.
4-H for Healthcare Workers is just one way.

Here are some ways to use these pages to create “service-learning. ^{*}”
Remember to always continue to follow CDC guidelines.

Guide youth to:

- Create a list of who they know in the healthcare industry. Talk to these people (in a socially responsible way: zoom, phone call...) about their experiences, stress levels, needs.
- Think about sacrifices made and how the community has benefited from these people during this past year.
- Use resources to find out names and addresses of all healthcare entities in your community. Here are some places to start: hospitals, clinics, ambulance offices, elderly care homes.
- Call these places and ask what needs they have. Assist youth in writing a script, researching who to contact, and then ask, “How can we help address some of those needs?”
- Decorate the cards and posters and send to compiled addresses. https://ndusbpos-my.sharepoint.com/:f/g/personal/susan_quamme_ndus_edu/Eh_9EzDCeOJAnHTo_xUh9tYB-QySizAkri7jWTccCunYYA?e=5wUrLt
- Document your activities.
- Reflect on what you learned, how you felt, what is the next step you can take?

** Service-learning is youth-directed, adult-guided learning and problem-solving. Youth plan, do and reflect.*

As always, please send photos and stories of these and all service efforts to susan.quamme@ndsu.edu. We love to celebrate the ways our youth make a difference!
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EXTENSION

