



## LET'S MAKE TRAIL MIX

Needed: Large bowl, spoon, ingredients for Trail Mix (such as Honey Nut Cheerios, raisins, peanuts, plain and peanut butter M and M's, others as desired), serving utensil (paper cups or baggies, napkins, etc.)

- Display the ingredients and talk about the importance of parliamentary procedure to the smooth operation of a meeting.
- Tell your audience that you are going to make trail mix and that they will learn how to correctly make a motion as part of this process.
- Explain that ingredients will be added to the bowl as motions are made. (Youth must say “I move that we add . . . .” Ask for a second, discuss and vote. If the youth says, “I motion. Ask them to restate it correctly.) For discussion, since this is often a problem for clubs (lack of discussion), make the “rule” that for this exercise, we cannot vote until at least three different people have discussed the motion. Further, have the “President” attempt to include everyone in the discussion. Also call on different people to make the motions, i.e. don't allow the same person to make all the motions. Try to get every “member” to speak at least three times or at the very least get everyone to participate and speak.
- As soon as all the ingredients are added, the members can eat the Trail Mix as a snack.
- In most cases, you will want to include one ingredient that is likely to be voted down. So include at least one questionable ingredient in the choices to give this a chance to happen. This gives the group a chance to experience voting down a motion or if they don't vote it down, having to live with the out come of the group's decision, i.e. eating the trail mix with the less than desirable ingredient.