

Lexi is a member of a 4-H club that is committed to being a healthy club.

This month she is responsible for serving the snack before the meeting.

Lexi knows that some of the members have nut allergies. Because the meeting space has a very small kitchen, the snack has to be simple to serve. She would prefer the snack to be low in added sugar. The snack should contain protein because it will have to keep everyone full until they go home for supper in a few hours. Lexi also wants at least three out of five food groups incorporated into the snack.

*Create a snack menu for Lexi that has **at least two food items** and **one beverage**.*