

North Dakota State University, Department of Animal Sciences & the Center for 4-H Youth Development  
1300 Albrecht Blvd. Dept. 7630  
Fargo, ND 58108

## **Parent Permission for Research Study:**

### **BBQ Junior Grill Masters Bootcamp and Chef for a Day Grill-off**

We would like to invite your children to participate in a grilling, food preparation, nutrition and health activity (“BBQ Junior Grill Masters Bootcamp and Chef for a Day Grill-off contest”), which is a research study conducted by NDSU Extension agents, specialists, assistants and NDSU faculty and staff. The children will participate in grilling activities, food preparation of basic beef grilling options and recipes along with nutrition games/activities to promote health. For this research study, participants will answer questions about their current and intended grilling, food preparation and nutrition habits before and after each session. The children will be asked to complete a short survey at the beginning and end of the bootcamp. Additionally, a short survey will be given 6-months after this event to assess retained information, life skills gained, and the implementation of what was learned during this bootcamp event. Parents/caregivers may receive copies of newsletters with recipes and activities to try at home.

**What is the reason for doing the research study?** We are conducting this research project to evaluate the response of children in improving their knowledge, skills and health and nutrition-related practices as a result of grilling, food preparation, and a contest where youth have to orally communicate to contest judges.

**What will I be asked to do in this research study?** Your child will be asked to complete a few questions about the “BBQ Junior Grill Masters Bootcamp and Chef for a Day Grill-off contest” on a paper or electronic survey. The surveys will determine what they currently know, what they learned during the food preparation and grilling activities during the bootcamp, and the skills gained during the grill-off contest. We will use the information to develop educational tools/activities to promote safe grilling techniques, the option of beef in the diet, healthy behaviors, and professional development.

**Where is the survey going to take place, and how long will it last?** The PRE and POST event surveys your children will participate in will take place either on-line by clicking on a Quartics survey link that your child will click on from an electronic device (phone, computer, etc.) or at the location specified in your registration form using a paper survey. The surveys will take about 10 minutes. A six-month survey may be emailed out POST event to you and your child.

**What are the possible risks and discomforts?** With grilling and food preparation, there are risks associated with being burned or risks associated with handling a knife incorrectly; however, your child will have adult supervision throughout the contest during all face-to-face events. For distance learning events, please supervise your child while they prepare their contest plate.

**Do I have to take part in this study?** It is your choice whether or not to allow your child to take part in this research. You may still take part in the bootcamp without consent. Nonetheless, your child's feedback is important to future positive youth development programs. You or your child may change your mind or stop participating at any time without penalty or loss of benefits to which you are already entitled, although we hope that they will continue with the survey once you have started. By allowing your child to participate in this study, you will help researchers learn more about developing effective grilling, nutrition education, and training materials.

**Who will see the information I provide?** We will keep private all research records. No identifying information is asked for on the survey. Your information will be combined with information from others taking part in the study. When we write about the project, we will write about the combined information that we have gathered. You will not be identified in these written materials. We may publish the results of the study; however, we will keep your name and other identifying information private. The only record of your name is this parental consent document. No photos will be used for research.

**What if I have questions?** This study is being conducted by researcher Dr. Leigh Ann Skurupey. If you have any questions about this project, please contact Dr. Skurupey at 701-231-6658 or LeighAnn.Skurupey@ndsu.edu.

**What are my rights as a research participant?** You have rights as a participant in research. If you have questions about these rights, or complaints about this research, you may talk to the researchers or contact the NDSU Institutional Review Board by: Telephone: 1-701-231-8995 or toll-free at 1-855-800-6717 Email: [ndsuirb@ndsuh.edu](mailto:ndsuirb@ndsuh.edu) Mail: NDSU HRPP Office, 1735 NDSU Research Park Dr., NDSU Dept. 4000, PO Box 6050, Fargo, ND 58108-6050. Thank you for your participation in this study. If you wish to receive a copy of the research results, please email your request to [LeighAnn.Skurupey@ndsuh.edu](mailto:LeighAnn.Skurupey@ndsuh.edu).

**I grant permission for my child to participate in the BBQ Junior Grill Masters Bootcamp and Chef for a Day Grill-off activities.**

**I grant permission for my child to participate in the BBQ Junior Grill Masters Bootcamp and Chef for a Day Grill-off **PRE- and POST- event survey****

**I grant permission for my child to participate in the BBQ Junior Grill Masters Bootcamp and Chef for a Day Grill-off **6-month survey** emailed to gain further insight of my child's experience during the activity.**

\_\_\_\_\_  
Print full name of child

\_\_\_\_\_  
Your phone number

\_\_\_\_\_  
Print full name of parent/guardian

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/guardian email (for six month survey)

\_\_\_\_\_  
Name of Researcher

\_\_\_\_\_  
Signature of researcher

\_\_\_\_\_  
Date

**I DO NOT grant permission for my child to participate.**

\_\_\_\_\_  
Print full name of child (*Please do not provide your signature here or above*)

\_\_\_\_\_  
(Phone number where we can reach you in the event of an emergency)

**Extension agent/assistant contact information:** \_\_\_\_\_