



# Buy and Show

## 4-H Consumer Clothing Revue Information

### Objectives

The purpose of this program is to help 4-H members:

1. Acquire life skills by participating in experiences that help develop:
  - a. Self-confidence and poise
  - b. An understanding of “self” as they select clothing that makes them look good and fits their personality
  - c. Skills to plan and select clothing for different occasions
  - d. Skills to select appropriate accessories
2. Select and purchase or recycle a garment that can be used effectively in the wardrobe
3. Evaluate clothing to determine its value in their wardrobe and budget
4. Develop poise, good posture and grooming habits through modeling experience
5. Share with others the knowledge and skills they learned
  - b. Spectator and active sports apparel: Clothes that are suitable for contact and/or spectator participation in outdoor and/or indoor sporting events (swimwear is not appropriate)
  - c. Street attire: Clothes that are appropriate to wear on the job, for travel or to church
  - d. Cultural and ethnic heritage: Clothes that are related to the cultural or ethnic heritage of the participant or a culture or ethnic background the participant is studying.
  - e. Formal and semiformal dress or suit: Clothes that are suitable for the prom, weddings and special parties
2. Prepare purchased or recycled garments for wear by clipping threads, securing buttons, hemming, etc., when necessary. In some cases, minor alterations may be necessary.
3. Bring purchased or recycled garment and accessories to the event. Include completed 4-H Consumer Clothing Revue Fact Sheet (CB507 or CB508), which includes color photo(s) of the outfit. Evaluation will be based on categories included on the 4-H Consumer Clothing Revue Evaluation Form.

### Who May Enter

Any youth enrolled in a 4-H project related to clothing and textiles who is age 8 to 12 on Sept. 1 (Preteen) and age 13 to 18 on Sept. 1 (Teen).

### Requirements

1. Purchase or recycle a major clothing item that relates to a wardrobe plan. Select an item appropriate for modeling in a public revue. The following are suggested types of garments appropriate for 4-H Consumer Clothing Revue:
  - a. School outfits: Clothes that are comfortable, functional and appropriate for local school situations (formal and semiformal attire is not included)

### Award Schedule

#### ■ County

Each county may conduct a Clothing Revue and select members to participate in the North Dakota State Fair in Minot. We prefer (but do not require) that these members represent each of the four categories: Preteen Buy and Show, Preteen Sew and Show, Teen Buy and Show and Teen Sew and Show. County awards are determined locally.

#### ■ State

All entries at the State Fair will be awarded a ribbon. Outstanding overall presentations will be recognized with an Award of Excellence.

Preteen     Teen

Placing \_\_\_\_\_

Name \_\_\_\_\_ County \_\_\_\_\_

Age as of Sept. 1 \_\_\_\_\_ Years in 4-H \_\_\_\_\_

Title of exhibit \_\_\_\_\_

Project represented \_\_\_\_\_ Years in project \_\_\_\_\_

### 4-H Consumer Clothing Evaluation Form

	Things Done Well	Things That Could Be Improved
<p><b>INTERVIEW (40 percent)</b>  <b>Learning Experiences:</b>            What did you gain from this experience?            How has this project been useful and/or helpful?</p> <p><b>Knowledge About Garment:</b>            How garment fits into wardrobe            Selection of style and color            Construction            Care            Fiber content</p>		
<p><b>FACT SHEET (25 percent)</b>            Photos clear and distinct            Costs itemized            Value for money spent            Reasons for selection            Reflects knowledge about garment</p>		
<p><b>PERSONAL APPEARANCE (15 percent)</b>            Posture            Grooming            Poise            Attitude            A smile</p>		
<p><b>THE GARMENT AND APPROPRIATE ACCESSORIES (20 percent)</b>  <b>Looks Good on the Wearer:</b>            Color            Style</p> <p><b>Appropriate for:</b>            Personality            Body type            Fit</p>		

*Additional comments*

#### Visit North Dakota 4-H on line at [www.ndsu.edu/4h](http://www.ndsu.edu/4h)

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