

North Dakota 4-H Participation Summary



Ages 11 through 19

Name _____ 4hOnline Member # _____

County _____ Club Name _____

Local 4-H Participation

A 4-H experience begins by participating with other 4-H'ers in a club/group.
Record your participation in local group activities and leadership responsibilities.

	20_____	20_____	20_____
Office held			
Committee responsibilities			
Other leadership <i>(example: lead record book workshop, taught others)</i>			
Recognition received			
Community service projects <i>(example: helped build bird houses for care center)</i>			
Events attended			
Training received			

County, Area, State Leadership Participation and Responsibilities

There are many 4-H opportunities for learning and growth beyond the local club/group.
Use the following code and record level of participation for each item entered: County (C), Area (A), State (S).
Indicate number of people in the audience if applicable. *Example: Baby Sitter Clinic (C-15).*

Leadership role			
Committee responsibilities			
Recognition received			
Events attended			
Office held			
Training received			

Communications

4-H is sharing ideas and skills you've learned with others. List the kind of presentation such as a talk, demonstration, living exhibit, newspaper article, radio interviews, etc. Use the following code for level of audience: Local (L), County (C), Area (A), State (S). Under local (L) include your 4-H group and other community groups. Indicate size of audience as shown in the example.

	20 _____	20 _____	20 _____
Type of presentation <i>(example: multimedia)</i>			
Topic <i>(example: citizenship)</i>			
Where (audience) <i>(example: includes size of group L-12, C-35, S-28)</i>			

Your Home, School, Community Activities

What you learn in 4-H can be applied to things you do in your home, school and community. Participation in other areas also can support your 4-H program. Summarize your major involvements such as athletics, other organizations and home responsibilities (such as fix evening meal during summers, mow lawn, etc.). Report participation, leadership roles and recognition. You may not have entries in all sections each year.

Home and family			
School activities			
Community activities <i>(church, other youth organizations, etc.)</i>			

List examples of how you have helped others:



Visit North Dakota 4-H on-line at: www.ndsu.edu/4h

A printable copy of the North Dakota Participation Summary may be found at:
www.ndsu.edu/fileadmin/4h/pa098.pdf

For more information on this and other topics, see www.ag.ndsu.edu

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