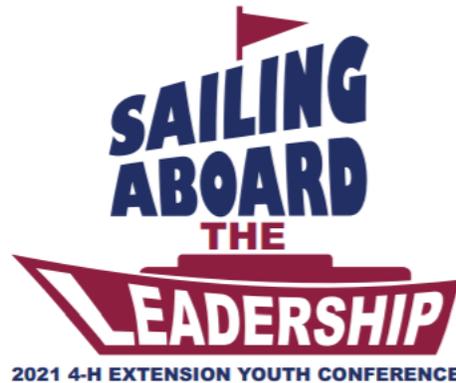




NDSU

EXTENSION



4-H Extension Youth Conference 2021 Sailing Aboard the LeaderShip Conference Guidebook

Sponsored by: North Dakota 4-H Foundation,
North Dakota 4-H Ambassadors, NDSU Extension

NDSU Land Acknowledgement

We collectively acknowledge that we gather at NDSU, a land grant institution, on the traditional lands of the Oceti Sakowin (Dakota, Lakota, Nakoda) and Anishinaabe Peoples in addition to many diverse Indigenous Peoples still connected to these lands. We honor with gratitude Mother Earth and the Indigenous Peoples who have walked with her throughout generations. We will continue to learn how to live in unity with Mother Earth and build strong, mutually beneficial, trusting relationships with Indigenous Peoples of our region.

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General Registration Information

The North Dakota Extension Youth Conference's (EYC) mission is to energize and empower North Dakota youth with the tools necessary to form partnerships among youth, volunteers, Extension staff and communities.

Objectives

- Explore leadership skills and be able to apply these skills in their community
- Have the confidence and motivation to become a leader in their community
- Exchange ideas and form friendships with youth from diverse backgrounds
- Have exposure to the North Dakota 4-H Ambassador program

Costs

The total cost for the 4-H Extension Youth Conference is \$250 per participant. This \$250 fee includes all meals from Monday evening through Thursday brunch, overnight housing

for Monday through Wednesday evening and a conference T-shirt. There will be a early bird discount and late registration fee. See our website for current information on this.

Registration

Registration information can be found at [4-H Online](#). Registrations are due June 1, 2020.

New Ambassadors and Candidates

New Ambassadors and Ambassador Candidates please register for the ambassador candidate preconference session on Monday, June 21 from 10:00 am – 2:00 pm.

Refund and Cancellation Policy

Registrations are fully refundable until 4 p.m. (CDT) June 1, 2020. Any participants who cancels after June 4 or who do not attend the 4-H EYC will not be refunded any of their registration fee.

In Case of Emergency

7:30 a.m. to 4 p.m.

Center for 4-H
Youth Development
701-231-7251

4 p.m. to 7:30 a.m.

Sue Quamme 701-238-4824
Hannah Nordby 701-590-4071



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Arrival Information

When you arrive at NDSU

1. Register for the conference in Churchill Hall.
2. Check in and receive your residence hall room assignment, conference T-shirt and more.
3. Turn in all car keys (if you drove to conference). Keys will be returned during check-out on Thursday. Delegates who drive their own vehicles to the conference are **not** allowed to use their vehicle during the week. Parking permits will be available for the week of the 4-H Extension Youth Conference.
4. Take your luggage to your assigned room and meet your roommates.
5. Check in if you are Communication Arts delegate.
6. **Let the fun begin!**

Housing and Check-in/Check-out

You will be housed in Churchill Hall (1300 Centennial Blvd.) Check-in will be Monday, June 21, from 2 to 3 p.m. at Churchill Hall on the NDSU campus. Check-out is from 1 to 2 p.m. on Thursday, June 24 at Churchill Hall.

Parking

30 minute parking is available on Centennial Blvd. in front of Churchill Hall. Additional parking is available in the Memorial Union or the Visitor pay lots.

Please note that NDSU is highly patrolled and if you park illegally you will be ticketed. You can buy parking by the quarter hour. The rate is \$2/hour, which is considerably less expensive than a parking ticket.

Delegates driving themselves will be instructed where to park their car and keys will be collected until departure.

Room Keys

If a room key is not turned in during checkout time on Thursday, June 24, a minimum \$50 key replacement fee will be billed to the person whose name was assigned to that key. That fee must be paid within 30 days of the date of the billing.

NOTE:

Health facilities are available if you are ill or in an accident. The cost of treatment will be billed to you or your parents or guardian. Transportation will be available at all times.



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Rules and Procedures

A number of policies and procedures designed to ensure the safety and well-being of youth participants are outlined briefly below.

Youth and Ambassador/Chaperon Groups - All youth participants will be assigned to a specific group and led by 4-H ambassadors and/or adult chaperones. One chaperone/ambassador will be assigned for every 10 youth.

Conduct Policy - 4-H Extension Youth Conference teaches responsibility, not as a burden, but as a way to increase participants' sense of connection and empowerment. You are expected to attend your assigned sessions and your attendance will be monitored. During the evenings, you may be able to choose from various activities. You are expected to stay on campus. You are expected to observe the designated curfew and be in your assigned room. Adult chaperones will do a bed check each night to account for each participant.

Federal law requires NDSU to inform faculty, staff, students, guests and other interested people concerning campus crime and safety issues. All campus guests are encouraged to review this information prior to visiting NDSU and take all necessary precautions to safeguard themselves and their property while experiencing our wonderful community and campus. To obtain this information, visit the website at http://www.ndsu.edu/police_safety/public_health_and_safety/ contact the NDSU Police Department, NDSU Dept. 3001, P.O. Box 6050, Fargo, ND 58108-6050; or call 701-231-8998.

What to Bring

You should bring luggage and other belongings you can carry in one trip. In other words, **pack light** (for example, one suitcase or two small bags).

Leave All Valuables at Home: The security of your possessions is your responsibility. We recommend labeling items. If you lose any personal items, you can check with the residence hall information desk or with any ambassadors.

Communication Arts Scholarship Winners: You **must** bring your winning presentation or will be asked to participate in a short take

You've Got Talent?

Bring your music, instruments, magic, etc., if you would like to participate in the variety show!

Packing List:

- Money for:
 - Meals to and from Fargo
 - Snacks from the Herd Shop and vending machines
- Personal toiletry articles
- Clothing for three days
- Athletic apparel and tennis shoes for workshops and morning exercise
- Formal or semi-formal attire for the conference banquet and dance (Shirts with writing are not permitted.)
- Camera
- Insect repellent/sunscreen
- Extra blanket or pillow

Provided: pillows, sheets, blankets, two towels and one washcloth



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Important Information:

Special Accommodations: Accommodations for people with disabilities and/or requests for physical and/or medically prescribed dietary accommodations **may be requested by contacting the Center for 4-H Youth Development at 701-231-7251 by May 20, 2019**, to ensure sufficient time to make arrangements. Please indicate your specific accommodation.

Off-campus Policy - Very important

Delegates are **not** allowed to leave the NDSU campus during the conference unless they are on an official field trip or leave the conference early. Campus boundaries are established and enforced. A preapproved leave will be granted to delegates in situations such as 4-H obligations or medical treatments. To obtain this leave, a parent or guardian must complete the request via the online registration with a written statement providing an explana-

ND 4-H Ambassador Elections

ND 4-H Ambassador Elections

Are you interested in providing leadership, helping others, and promoting 4-H and youth involvement in North Dakota?

Eligible 4-H members may apply for a North Dakota 4-H ambassador position. Applications, along with four references, must be submitted prior to the conference. Applicants will be involved in a series of judging events during EYC and be notified on Wednesday afternoon if they have been accepted into the program. Applications and more info can be found on the [ND 4-H Ambassador](#) website. If you are accepted you are invited to attend our Ambassador meeting held after the conference on Thursday, June 24 at 3 p.m. until 6 or 7 pm. Rides and overnight accommodations may be able to be arranged.

Ambassador Candidate Pre-conference Workshop

Ambassador candidate workshops will be held as a preconference activity. This is held on the NDSU campus on Monday, June 21, from 10 a.m. to 2 p.m. CST

Who should attend?

Any new ambassador candidate who is running during EYC and any new ambassadors elected in the past year that has not already attended.

What if I can't attend? Can I still run?

We would like to see you make an attempt to attend this preconference, but if you can't, you may take the sessions at a later date. Not attending will not affect your status as a candidate. Of course, attending the election process still is required.

What if I need to come the day before?

If you need to come the night before, housing on the NDSU campus can be provided for you at no additional cost.



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4-H Extension Youth Conference Workshops

Tuesday, June 22
9:00 to 10:30

Succulent Grafting/Propagation

Succulent are a popular plant that store their own water. Participants in the workshop will learn how to propagate, plant and care for some common succulents.

Range Judging

Range judging is the identification of different plants and their characteristics. Learn how each plant is unique and has a special purpose. You'll also learn how range plants aren't just found out on the prairie, they have a purpose in the cities as well!

Wood Burning

Explore the 4-H woodburning trunk and create a piece of art all your own! Learn about what kinds of wood are safe to burn and what the tools are for!

STEM Escape Room

Can you solve the clues in time to breakout before your time is up!? You will take part in a STEM related escape room using Breakout EDU boxes. You will solve a number of clues with your team to open escape room locks and solve a mystery. Will your team be the first to crack the code!?

GIS Mapping

This workshop will introduce ArcGIS Online and provide an opportunity for participants to explore an online mapping environment. Focus will be on the development of a "Storymap" that describes a trip, or a place.

Rube Goldberg

Learning the basics of what a Rube Goldberg machine is and the different kinds of simple machines that are put together to accomplish the objective. Have fun creating your own Rube Goldberg machine!

1:30 to 3:00

AI Simulation

A.I.? Artificial intelligence? No, artificial insemination! Learn about the reproductive organs and cycle of a cow. It won't all be bookwork; the hands-on portion includes real reproductive tracts!

Meats

Who loves the smell of meat grilling on the patio on a summer's night? From picking out the best meat cut to the seasoning and cooking, you'll be a grilling pro by the end of this workshop!

Self Defense

Come join the NDSU Police Department for a fun and informative session covering basic safety tips and tricks along with an introduction to self-defense tactics and techniques. Comfortable clothing and appropriate footwear advised.

Soap Making

Creating healthy habits are important, especially when looking at the global pandemic we experienced. So why not take something necessary and turn it into fun!

Painting

Calling all Van Goghs! Unleash your inner painter as we create a fun painting in a supportive atmosphere. No experience required.

Dancing with the Ambies

Bring your dancing shoes! Learn country swing, line dances, and more while having fun to some great music!

Scrap Art

Junk is Cool! Get your creative juices flowing and learn how to make assemblages from junk and vintage materials.



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