

HEALTH EDUCATION

The health education major is designed to prepare students for careers in the field of school health education through the development of dispositions, knowledge and skills. The program integrates classroom and experiential community-based learning throughout its courses.

The Program

The health education program emphasizes a student-centered approach to teaching health, emphasizing skills-based learning to promote health literacy for all individual students.

Upon completion of the health education major, students will be knowledgeable with planning, implementing, administering all ten components of the Whole School, Whole Community, Whole Child Model. Health education majors will learn how to evaluate and assess needs for health education, plan and implement quality curriculum and lessons and communicate and advocate for health and health education through all ten content components.

Professional Education Courses

Students may enroll in the 300-level professional education courses before being formally admitted to the School of Education (SOE). Prior to enrolling in the 400-level courses, students must complete the application for admission to the SOE; attain a minimum of a 2.75 grade point average overall in their course work and education courses; and pass the Praxis Core Academic Skills for Educators exam(s). Requirements for admission can be found on the www.ndsu.edu/education.

Student Teaching

Student teaching is the culmination of the teaching program. Students have the opportunity to apply skills acquired in college courses under the supervision of an experienced health educator.

Student Advisement

Students will be assigned individual advisors who will work closely in program planning and in other ways to advise and assist them. Students are encouraged to seek their advisors' help whenever needed.

Certification

Upon completing this program, students are eligible for certification to teach health in most states. The program is accredited by the Council for the Accreditation of Educator Preparation (CAEP).

Career Opportunities

Graduates in health education find career opportunities teaching in public or private educational settings, teaching health education in a variety of settings, including community programming, nonprofit organizations and private businesses.

Double Major – It is recommended that health education students obtain a degree enhancement through a minor or double major. The health education curriculum has been structured to allow students to obtain a physical education major during the same four-year time frame. Advisors can provide additional information about other complementary majors or minors.

Physical Education Major – For further information about the physical education major, please refer to the Physical Education fact sheet.

Health Education Plan of Study

Please note this is a sample plan of study and not an official curriculum. Actual student schedules for each semester will vary depending on start year, education goals, applicable transfer credit, and course availability. Students are encouraged to work with their academic advisor on a regular basis to review degree progress and customize an individual plan of study.

Freshman			
Fall	Credits	Spring	Credits
ENGL 110 College Composition I	4	COMM 110 Fundamentals of Public Speaking	3
HNES 110 Introduction to Health and Physical Education*	3	ENGL 120 College Composition II	3
Gen Ed Humanities & Fine Arts	3	HNES 217 Personal and Community Health*	3
PSYC 111 Introduction to Psychology	3	Gen Ed Science & Technology	3
Gen Ed Quantitative Reasoning	3	Elective	3
	16		15
Sophomore			
Fall	Credits	Spring	Credits
EDUC 321 Introduction to Teaching	3	HNES 200 Principles of Nutrition or 250 Nutrition Science*	3
EDUC 322 Educational Psychology	3	HNES 341 Psychosocial Aspects of Health	3
Gen Ed Humanities & Fine Arts	3	PSYC 210 Human Sexuality	3
Gen Ed Science & Technology w/Lab	4	PSYC 250 Developmental Psychology	3
Electives	3	or HDFS 230 Life Span Development	3
<i>Complete Core Academic Skills Exam</i>		Elective	3
	16	<i>Apply to the School of Education</i>	15
Junior			
Fall	Credits	Spring	Credits
HNES 367 Principles of Conditioning*	3	EDUC 489 Teaching Students of Diverse Backgrounds	3
PSYC 212 Psychological Aspects of Drug Use and Abuse	3	HNES 345 Materials and Concepts of Health Education*	3
Gen Ed Science & Technology	3	EDUC 451 Instructional Planning, Methods and Assessment	3
Electives	6	Gen Ed Upper Division Writing	3
	15	Electives	6
			15
Senior			
Fall	Credits	Spring	Credits
EDUC 481 (HE Section) Classroom Practice Methods of Teaching I	3	EDUC 485 Student Teaching Seminar	1
EDUC 486 Classroom Management for Diverse Learners	3	EDUC 487 Student Teaching	9
Electives	9	EDUC 488 Applied Student Teaching	3
<i>Apply for Student Teaching</i>			
<i>Complete PLT (grades 7-12) Exam</i>			
<i>Complete Subject Area Assessment Exam</i>			
	15		13
Total Credits: 120			

* Students must earn a "B" or better in all courses identified with an asterisk (*).

Note: Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts and/or Science/Technology categories.

View NDSU equivalencies of transfer courses at: www.ndsu.edu/transfer/equivalencies

For Further Information

MAILING ADDRESS: College of Human Sciences & Education | NDSU Dept 2600 | PO Box 6050 | Fargo, ND 58108-6050

DEPT LOCATION: E. Morrow Lebedeff Hall 255

DEPT PHONE: (701) 231-8211

DEPT WEBSITE: www.ndsu.edu/hse/

- OR -

MAILING ADDRESS: Health Education | NDSU Dept 2620 | PO Box 6050 | Fargo, ND 58108-6050

DEPT LOCATION: Katherine Kilbourne Burgum Family Life, 4-H Center

DEPT PHONE: (701) 231-7921

DEPT WEBSITE www.ndsu.edu/education/

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