

HUMAN DEVELOPMENT and FAMILY SCIENCE

Human development and family science (HDFS) provides a program of study for students interested in a variety of careers that involve work with children, adults and/or families. Students majoring in HDFS may obtain a bachelor's degree.

Career Interest Areas

Career interest areas available at the undergraduate level include:

- Adolescent Development
- Adult Development and Aging
- Child Development
- Cooperative Extension Service
- Family and Human Services
- Family Economics
- Family Life Education
- Financial and Consumer Literacy
- Health Services
- Hospital Child Life
- Parenting and Family Life
- Gerontology

The Program

The major emphasis in HDFS programs is family and human development over the life span. Students gain an understanding of the development of children and adults and their interaction in the family within society.

Students majoring in HDFS have three options: adult development and aging; child and adolescent development; and family science. Each of these options can be completed by itself or can be paired with another degree in one of our dual degree programs. Child development can be paired with elementary education, and family science and adult development and aging can be paired with social work. Information on these dual degree programs is on a separate fact sheet. Each of these options can also be combined with a master's degree program in one of our combined/accelerated master's programs. Child and adolescent development can be combined with the master's program in youth development; family science can be combined with the master's program in family financial planning, and adult development and aging can be combined with the master's program in gerontology. Information on these combined/accelerated degree programs is on a separate sheet.

Courses in the program include:

- Adolescent Development
- Adult Development and Aging
- Child Development
- Diversity and Multiculturalism in Individual and Family Life
- Children, Families, and Public Policy
- Personal and Family Finance
- Issues in Human Sexuality
- Life Span Human Development
- Parent-Child Relations
- Family Dynamics of Aging
- Couples, Marriages, and Families

Students majoring in HDFS enroll for credit in field experience as a critical part of their program of study. The department offers opportunities to work with children, youth, adolescents, older adults and families in various settings.

Career Opportunities

Career directions through HDFS can be divided into two general areas:

Direct Service to Children, Adults and Families – community service worker, outreach worker, parent educator, gerontology outreach, extension agent, or financial counselor to name a few.

Support Service to Children, Adults and Families – program director for nursing or retirement facility, child care director, community and human service worker, consultant in human development, hospital-related services, researcher, child advocate, and family life education are some examples.

Some of the listed careers require a planned minor or a double major. Other careers require preparations beyond the bachelor's degree level. An HDFS degree is excellent preparation for students considering graduate work in counseling, family therapy, child and human development, or as a child life specialist. Study in HDFS provides course work for students interested in careers involving human relations.

Graduates from HDFS are currently employed in a variety of careers. These include extension agent, Head Start program director, child care director, home visitor for Head Start, crisis family counselor, hospital child life specialist, family life educator, developmental disabilities worker, volunteer coordinator, parent support specialist, parent educator, financial counselor and financial planner.

The Facilities

Facilities for the Department of Human Development and Family Science are housed in Evelyn Morrow Lebedeff Hall and Katherine Kilbourne Burgum Family Life, 4-H Center. Included in these buildings are classrooms, conference rooms, research labs, and a child development center serving young children and their families.

Community Setting

The Fargo-Moorhead metropolitan area offers a conducive setting for study. Students have the opportunity to work in a number of community institutions serving children and families. Professionals working with the elderly, child care programs, mental health centers, chemical dependency treatment centers, medical facilities and welfare agencies visit classes and conduct tours to explain their programs for children and families.

Extra-Curricular Opportunities

Students may enhance their involvement in the HDFS area by participating in groups such as the HDFS Club, the North Dakota Association for the Education of Young Children, and the North Dakota Family and Consumer Sciences Association.

Human Development and Family Science Plan of Study

Please note this is a sample plan of study and not an official curriculum. Actual student schedules for each semester will vary depending on start year, education goals, applicable transfer credit, and course availability. Students are encouraged to work with their academic advisor on a regular basis to review degree progress and customize an individual plan of study.

Freshman			
Fall	Credits	Spring	Credits
ENGL 110 College Composition I	4	HDFS 230 Life Span Development	3
HDFS 242 Couples, Marriages and Families	3	COMM 110 Fundamentals of Public Speaking	3
HSE 189 Skills for Academic Success	1	ENGL 120 College Composition II	3
PSYC 111 Introduction to Psychology	3	Gen Ed Global Perspectives	3
Elective (Math 103 College Algebra)	3	Gen Ed Humanities & Fine Arts	3
	14		15
Sophomore			
Fall	Credits	Spring	Credits
CSCI 114 Microcomputer Packages or MIS 116 Business Use of Computers	3	Gen Ed Humanities & Fine Arts	3
SOC 110 Introduction to Sociology	3	Gen Ed Science & Technology	3
Gen Ed Science & Technology w/Lab	4	STAT 330 Introductory Statistics	3
HDFS 250 Introduction to Research Methods in Human Development and Family Sciences	3	HDFS 275 Diversity & Multiculturalism in Individual and Family Life	3
Electives	3	Elective	3
	16		15
Junior			
Fall	Credits	Spring	Credits
HDFS Option Course*	3	HDFS 389 Pre-Field Experience	2
HDFS 300-400 level elective	3	HSE 320 Professional Issues	1
Elective for Minor	3	HDFS Option Course*	3
Elective	3	HDFS 300-400 level elective	3
ENGL 320 Business and Professional Writing or 325 Writing in the Health Professions or 358 Writing in the Humanities and Social Sciences or 459 Researching and Writing Grants and Proposal	3	Elective for Minor	3
	15	Elective	3
			15
Senior			
Fall	Credits	Spring	Credits
HDFS 496 Field Experience	3	HDFS Option Course*	3
HDFS 353 Children, Families and Public Policy	3	HDFS 300-400 level elective	3
HDFS Option Course*	3	Elective for Minor	3
Elective for Minor	3	Elective for Minor	3
Elective for Minor	3	Elective	3
	15		15
Total Credits: 120			

*HDFS Option Courses: Adult Development and Aging (HDFS 360, 357, 480, and 482), Child and Adolescent Development (HDFS 320, 330, 340, and Either 424 or 483), Family Science (HDFS 341, 357, 448, and 462)

View NDSU equivalencies of transfer courses at: www.ndsu.edu/transfer/equivalencies

For Further Information

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