

May 2024- Center for Child Development Menu

#5 Meal			Wednesday 1	Thursday 2	Friday 3
Breakfast			Applesauce Bread* Peaches Milk	Corn Chex Cereal* Banana Milk	Banana Bread* Pineapple Milk
Lunch			Scrambled Eggs & Cheese French Toast Yams Kiwi Milk	Beef Sloppy Joe Bun* Carrots Honeydew Milk	Chicken Taco Tortilla* Black Beans Broccoli Watermelon Milk
Snack			Multi-Grain Cracker* Milk	Trail Mix* Milk	Sugar & Spice Chex* Milk
#6 Meal	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Breakfast	Toast* Apples Milk	Kix* Pineapple Milk	Waffles Orange Milk	Multi-Grain Cheerios* Banana Milk	French Toast Applesauce Milk
Lunch	Mac & Cheese* Ham Slice Pacific Blend Veg. Strawberries Milk	Chicken & Cheese Quesadilla* Corn Watermelon Milk	Beef Hamburger Bun* Baked Beans Peas Milk	Chicken Brown Rice* Carrots Mixed Fruit Milk	Chicken Nuggets Brown Rice* Mixed Veggie Blend Pineapple Milk
Snack	Cinnamon Graham Apple Juice	Blueberry Bread* Milk	Cheese Crackers Milk	Pumpkin Bread* Milk	Animal Crackers Milk
#1 Meal	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Breakfast	Cheerios* Apple Milk	Toast* Pears Milk	English Muffin Peaches Milk	Waffles Banana Milk	Applesauce Bread* Mixed Fruit Milk
Lunch	Tater Tot Hotdish Roll* Green Beans Oranges Milk	Chicken Noodle Soup Crackers Broccoli Fruit Cocktail Milk	Beef Meatballs 3 Cheese Rotini Pasta* Corn Strawberries Milk	Turkey/Cheese Sandw. Bread* Sweet Potato Tots Mixed Fruit Milk	Cheese Pizza* Vanilla Yogurt Peas Pineapple Milk
Snack	Multi-grain Crackers Apple Juice	Zucchini Bread* Milk	Club Cracker Milk	Trail Mix* Milk	Graham Cracker Milk
#2 Meal	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Breakfast	Kix Cereal* Pineapple Milk	Toast* Orange Milk	Bagels* Applesauce Milk	Life Cereal* Banana Milk	Banana Bread* Peaches Milk
Lunch	Box Lunch Chicken/Cheese Sandw. Bread* Cukes & Carrots Blueberries Milk	Turkey & Gravy Dinner Roll* Mashed Potatoes Kiwi Milk	Beef Taco Burger Bun* Broccoli Cantaloupe Milk	Chicken Parmesan Pasta* Green Beans Mixed Fruit Milk	Grilled Ham/Cheese Bread* Tomato Soup Peas/Carrots Watermelon Milk
Snack	Ritz Crackers Apple Juice	Cheese Slice Bread* Milk	Pumpkin Bread* Milk	Cinnamon Graham Milk	Chex Mix* Milk
#3 Meal	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Breakfast		French Toast Pears Milk	Zucchini Bread* Orange Milk	Waffles Banana Milk	Cinnamon Toast* Peaches Milk
Lunch	Center Closed- Memorial Day Holiday	Egg Flatbread Pizza Pork Sausage Patty Carrots Honeydew Milk	Turkey Burger Bun* Fresh Veggie Mix Tropical Fruit Milk	Beef Sauce Multi-grain Rotini* Roll* Cauliflower Mangos Milk	Whole Grain Pancakes* Chicken Sausage Yams Blueberries Milk
Snack		Banana Bread* Milk	Applesauce Graham Cracker	Energy Bites* Milk	Cheesy Chex Mix* Milk

This institution is an equal opportunity provider.

*All children under 12 months of age will receive iron-fortified cereal as needed. * = Whole Grain Rich Food 1 grain serving = 1/2 oz equivalent; All items are baked or steamed – never fried. Fresh and canned fruits in its own juice. Fresh or frozen vegetables served without butter, margarine or animal fat. Children under 1 year receive breast milk or formula. Children 1-2 years receives unflavored whole milk. Children 2-5 years receives unflavored skim milk.*