

**North Dakota**  
**The Emergency Food Assistance Program Income**  
**Guidelines for July 1, 2023-June 30, 2024 Income**  
**Guidelines at 200% of poverty**

<b>Persons in Family or Household Size</b>	<b>Annual</b>	<b>Monthly</b>	<b>Twice Monthly</b>	<b>Weekly</b>
1	\$29,160	\$2,430	\$1,215	\$561
2	\$39,440	\$3,287	\$1,643	\$758
3	\$49,720	\$4,143	\$2,072	\$956
4	\$60,000	\$5,000	\$2,500	\$1,154
5	\$70,280	\$5,857	\$2,928	\$1,352
6	\$80,560	\$6,713	\$3,357	\$1,549
7	\$90,840	\$7,570	\$3,785	\$1,747
8	\$101,120	\$8,427	\$4,213	\$1,945
Each Add'l Member Add	\$10,280	\$856.67	\$428	\$198

\*North Dakota TEFAP guidelines do not require the intake of income verification only a self declaration of income is required.