

**From:** [Thrive at NDSU - used to provide messages throughout the first year](#) on behalf of [Frazier, Emily](#)  
**To:** [NDSU-THRIVE@LISTSERV.NODAK.EDU](mailto:NDSU-THRIVE@LISTSERV.NODAK.EDU)  
**Subject:** Thrive@NDSU: Arriving Prepared!  
**Date:** Monday, August 12, 2024 12:47:49 PM  
**Attachments:** [image001.png](#)  
[image003.png](#)

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Once you arrive, there will be many things to figure out. Completing a few tasks now, will make life easier on move-in weekend and during the first couple of weeks.

Take some time this week to complete the following tasks (I promise you'll be happy you did this before arriving on campus):

1. Complete your [checklist](#) from orientation.
2. Log into [Blackboard, Campus Connection, and other campus tech](#) to get familiar with each platform. While you are at it, take a look at the NDSU [dates and deadlines](#) so you don't miss anything important.
3. Log into the Wellness Center Portal and sign the waiver. All users must sign a waiver before utilizing the Wellness Center. Use your [Bison Login](#) to [access the portal](#). Follow the prompts to sign the waiver online. It only takes a few minutes and will help you avoid lines during your first trip to the Wellness Center!

If you don't know where to start, no worries! Now is the time to [ask questions](#) and figure it out. Contact me at any time and I'll make sure you have an answer!

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We collectively acknowledge that we gather at NDSU, a land grant institution, on the traditional lands of the Oceti Sakowin (Dakota, Lakota, Nakoda) and Anishinaabe Peoples in addition to many diverse Indigenous Peoples still connected to these lands. We honor with gratitude Mother Earth and the Indigenous Peoples who have walked with her throughout generations. We will continue to learn how to live in unity with Mother Earth and build strong, mutually beneficial, trusting relationships with Indigenous Peoples of our region.

