

**Dr. JoAnn Moody**  
***Tricks of the Trade: Saving Time and Sanity --- A Workshop for Women Faculty***  
**September 21<sup>st</sup>, 2010**

Attendance

Forty-seven individuals attended and 41 completed evaluations

- Thirty-nine people identified themselves as faculty, one individual identified as an administrator and one individual identified as staff.

Quantitative Results from the Evaluation Form

**I will be able to use the information that I learned today in my work at NDSU**

		Frequency	Percent	Cumulative Percent
Valid	Disagree	1	2.4	2.5
	Agree	26	63.4	67.5
	Strongly Agree	13	31.7	100.0
	Missing Data	1	2.4	
	Total	41	100.0	

**I feel I have acquired new skills, information or understanding about successfully managing my academic career as a woman**

		Frequency	Percent	Cumulative Percent
Valid	Strongly Disagree	2	4.9	4.9
	Disagree	2	4.9	9.8
	2.50	1	2.4	12.2
	Agree	31	75.6	87.8
	Strongly Agree	5	12.2	100.0
	Total	41	100.0	

**I will be able to implement new strategies and knowledge as a result of my participation in this workshop**

		Frequency	Percent	Cumulative Percent
Valid	Strongly Disagree	2	4.9	4.9
	Disagree	3	7.3	12.2
	Agree	23	56.1	68.3
	Strongly Agree	13	31.7	100.0
	Total	41	100.0	

**This was a positive networking experience with other women faculty**

		Frequency	Percent	Cumulative Percent
Valid	Disagree	1	2.4	2.5
	Agree	9	22.0	25.0
	Strongly Agree	30	73.2	100.0
	Missing Data	1	2.4	
	Total	41	100.0	

**I would recommend this workshop to others**

		Frequency	Percent	Cumulative Percent
Valid	Strongly Disagree	1	2.4	2.4
	Disagree	2	4.9	7.3
	2.50	1	2.4	9.8
	Agree	17	41.5	51.2
	Strongly Agree	20	48.8	100.0
	Total	41	100.0	

### How would you rate the overall quality of this workshop?

		Frequency	Percent	Cumulative Percent
Valid	Poor	1	2.4	2.6
	Below Average	1	2.4	5.3
	Average	14	34.1	42.1
	Above Average	18	43.9	89.5
	Excellent	4	9.8	100.0
	Missing Data	3	7.3	
	Total	41	100.0	

### Qualitative Results from the Evaluation Form

1. What questions do you still have after attending this workshop? Please list any areas that you would like to receive additional information about or that need further clarification.
  - Don't forget the email about time management course. Thanks.
  - How to work with spouse on their duties for family.
  - General time management skills.
  - Maybe look at actual scenarios to evaluate re: rising above cognitive errors.
  - Time management.
  - The handout didn't seem to match this topic. It seemed like a handout for the afternoon.
  - Concrete strategies for time management (like important vs. urgent).
  - Perspective of speaker, her experience from other institutions, summary of our discussion were not delivered at all. Her advices.
  
2. What do you think were the most helpful or valuable aspects of the workshop you attended today?
  - Interaction with other female faculty; interesting ideas/elements.
  - The opportunity to network with other faculty from diverse departments.
  - Seeing I wasn't alone.
  - Networking reinforcing ideas.
  - Talking to faculty at multiple levels of development in their careers.
  - Be where you are. Don't feel guilty about what others have to do.
  - Discussion with other faculty.
  - Advice from other faculty about self wellness.
  - Dr. Moody's comments and the handout.
  - Connecting with other women faculty.
  - Opportunity to hear tips and insights from other female faculty.
  - Sharing tricks of the trade—very helpful for early career faculty like myself.
  - Work life balance is a problem all the way around.
  - Sharing/discussions in groups.
  - Discussion with others; collaboration brain storming.
  - Taking time to visit with other colleagues.
  - The large amount of interaction with others.
  - It was social.
  - Thinking about how to reduce workload in balance with home—need more of this (to maximize energy and time for work). Being reminded that others feel these challenges too.
  - Discussing with others.
  - Good discussion—hearing from other women on campus.
  - I'm not alone with tenure problems.
  - Tips & chance to talk with others.
  - Brainstorming with table-mates.
  - Tricks of the trade and how to achieve work/life balance.
  - Networking/talking with other faculty members, learning from their experience.

- Nothing, I only enjoyed meeting other people from other departments. However, the issues we discussed today have been discussed numerous times at NDSU, it was like treading water. (At WiR & Forward meetings and seminars).

3. How could this workshop be improved to be more beneficial to you?

- More concrete suggestions, tips for integrating ideas to change department/college climate rather than just as an individual.
- Longer—more lecture/discussion beyond group discussion.
- Beyond small groups—not much new info.
- More interaction with the presenter although overall it was good.
- Less small group interaction.
- Wish we would have heard more from Dr. Moody. Small group discussions were interesting but similar to conversations at other workshops/gatherings.
- I was looking for more ideas & tips from the speaker—less of the “self help” round table discussions.
- A bit more structured would help.
- Ask that participants to not sit with people from their same department or college so more discussion occurs.
- Condense – we are busy, want the biggest payoff for our time.
- More leadership from the facilitator. I believe that I could have had this discussion within the department/college without the facilitator.
- I’m beginning to think JoAnn Moody was a lot of \$ for running discussions that many faculty here could have done. Her visit was a catalyst but little meat.
- Time management. Balance discussion and info she was conveying.
- Also, get us to write down 1 thing we will do differently based on these discussions.
- Mix up groups to avoid department groupings.
- I would have enjoyed or needed more on the research about the “solo.”
- Take less time for group discussion.
- Wish it was less of us and more of her.
- Would have liked a tip sheet directly relevant to the workshop topic.
- More time and list of resources.
- Nuts & bolts.
- Start on time 10:10, end on time 11:25.
- More information from presenter (relative to group discussion time).
- Speaker should have a structured presentation with power point to provide summary & conclusions of seminar and to provide “take home message.”

4. Please provide any additional comments you have about today’s workshop and/or the FORWARD program in general below or on the back of this page.

- Today there was a lot of discussion at our table about mothering & faculty work. It would be nice if there were an opportunity to meet casually as a group to talk about mothering and faculty.
- I like the selection of speakers that come into NDSU.
- Thank you!
- Hiring stuff at the end wasn’t relevant to this workshop.
- Good review. Nothing new.
- Speaker should be “screened” to make sure she will deliver quality seminar.
- On Tuesday, September 20, I attended a seminar entitled “Women faculty- Tricks of the Trade: Saving Time and Sanity” at 10am, and a pedagogical luncheon at noon. Both seminars/workshops were much below my expectations. In fact, these seminars were the worst I have ever attended. I expected that Dr. Moody will share with an audience her expertise, experience, perspective and her knowledge, which did not happen. I expected that I would learn how faculty at other universities is dealing with some common problems. I did not gain any additional knowledge, any advices, and any new information.

It seemed to me that Dr. Moody came to NDSU unprepared. Seminars/workshops which are based on group discussion (as on Tuesday) should be followed up by the speaker’s presentation which should summarize the discussion, present leader’s point of view, knowledge and expertise, and provide a “take

home message.” Unfortunately, Dr. Moody did not summarize any discussion, but rather reiterated what was said by other people. Power Point presentations (can be short) in such workshops/seminars are very helpful since it helps to memorize some facts, and the most important points of the discussion. Dr. Moody said that she does not do these presentations, which in my opinion is a mistake. Power Point presentations engage an audience much better than speech alone on the subject of the seminar.

At the first seminar (Women Faculty- Tricks of the Trade: Saving Time and Sanity), I expected that she would share with an audience information on how to manage time, how to be more effective, and more satisfied at work based on her experience. Again, she did not deliver this information. Instead, she let all women faculty discuss issues which have been discussed for several years among this group at WISMET/WiR, FORWARD and other meetings. It was like treading water, and repeating a discussion, without presenting any solutions to any problems.

At the pedagogical luncheon, she was not able to summarize the group discussion in organized and structured manner. She did not provide real examples of student’s mentoring based on her expertise, and she did not present any new knowledge.

Consequently, I lost 3 hours of my time which I could have used in a more efficient manner.

I talked to 5 of my colleagues (3 assistant, 1 associate and 1 full professor) who attended one or two seminars by Dr. Moody, to get their opinion. It appeared that all of them shared in 80-100% my opinion presented above about these seminars.

I suggest, that in the future, organizers of such event(s) should screen invited speaker(s) more carefully, by requesting a detailed synopsis of seminar(s) to be presented and getting reviews of his/her seminar(s) from other institutions. I also suggest focusing on new areas, but not on the areas discussed at seminars in previous years.

However, I enjoyed meeting my colleagues from other departments, and discussing some issues with them.