

Curriculum Vitae
Heather R. Fuller

North Dakota State University | Human Development and Family Science
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Education

Ph.D.	2009	Developmental Psychology	University of Michigan	
M.S.	2006	Developmental Psychology	University of Michigan	
B.A.	2003	Psychology and Spanish Studies	University of Minnesota	Summa Cum Laude

Professional Experience

2017 – Present	Associate Professor , Human Development and Family Science, North Dakota State University <i>Key roles:</i>	<ul style="list-style-type: none">- Director <i>Linked Lives Research Laboratory</i>- HDFS Undergraduate Program Coordinator, 2017-present- James Lebedeff Endowed Professorship, 2018-2019- Lead Investigator LSA phase 2 grant
2009 – 2017	Assistant Professor , Human Development and Family Science, North Dakota State University <i>Key roles:</i>	<ul style="list-style-type: none">- Director <i>Linked Lives Research Laboratory</i>- Gerontology Master’s Program Coordinator, 2016-2017- Interim Developmental Science Doctoral Program Coordinator, 2016-2017- Lead Investigator LSA and GPIDEA rural aging grants
2004 – 2009	Pre-doctoral Research Fellow , Psychology and Institute for Social Research University of Michigan <i>Key roles:</i>	<ul style="list-style-type: none">- Fulbright (Garcia-Robles) Fellow to Mexico- National Institute of Child Health & Human Development trainee, 2004-2008- Institute for Social Research Daniel Katz Dissertation Fellow- Graduate Student Instructor (4 semesters)

Scholarly and Research Expertise

Lifespan development
Interpersonal relationships, social support, and social integration in later life
Successful aging (including policies and community resources promoting healthy aging)
Aging in rural and cross-cultural contexts
Aging family dynamics (such as caregiving)
Survey research and program evaluation

RESEARCH

Grant Funded Research Projects

- 2019 - 2021 Fuller, H.R., Huseth-Zosel, A. & Sanders, G. Great Plains Senior Services Collaborative Evaluation – Phase 2. \$193,513 awarded by Lutheran Services in America (under a grant from Margaret A. Cargill Philanthropies).
Role: Principal Investigator
- 2016 - 2018 Fuller, H.R., Strommen, J., Sanders, G., O'Connor, M.L., & Huseth-Zosel, A. Great Plains Senior Services Collaborative Evaluation – Phase 1. \$90,000 awarded by Lutheran Services in America (under a grant from Margaret A. Cargill Philanthropies).
Role: Principal Investigator
- 2015 - 2016 Strommen, J., Fuller H.R., & Sanders, G. Identifying Gaps in Family Caregiver Supports and Services Study. \$25,000 funded by the North Dakota House of Representatives Human Services Committee. Role: Principal Investigator
- 2013 - 2014 Fuller-Iglesias, H.R. & O'Connor, M.L. Aging in Place in Rural Areas: A Focus on Support Needs, Caregiving Decisions, and Well-being. \$15,000 funded by the Great Plains IDEA Human Sciences Research Grant. Role: Principal Investigator
- 2011 - 2012 Sanders, G. F., Fuller-Iglesias, H.R., & Fitzgerald, M.A. Mental Health and Aging Education. \$23,867 funded by the North Dakota Department of Human Services, Division of Mental Health and Substance Abuse Services. Role: Co-Principal Investigator

Grant Submissions, Unfunded

- 2018 Huseth-Zosel, A., Fuller, H.R., & Hammer, K. (Unfunded). Assessing Veteran's Administration Efforts to Monitor and Address Older Veteran Driving Behaviors and Issues. \$93,000 Research Grant submitted to the Retirement Research Foundation.
Role: Co-PI
- 2017 Huseth-Zosel, A. & Fuller, H.R. (Unfunded). Older Driver Anticipatory Guidance Provision Policy. \$20,000 Research Grant submitted to the Borchard Foundation Center on Law & Aging. Role: Co-PI

Research Publications

note: * denotes student co-author

Refereed Journal Articles

Toyama, M. *, & Fuller, H. R. (2019). Longitudinal Stress-Buffering Effects of Social Integration for Late-Life Functional Health. *International Journal of Aging and Human Development*. Doi: 10.1177/0091415019871196

Toyama, M. *, Fuller, H. R., & Hektner, J. (2019). Psychosocial Factors Promoting Personal Growth Throughout Adulthood. *Journal of Happiness Studies*, Doi:10.1007/s10902-019-00155-1

Strommen, J., Fuller, H.R., Sanders, G. F., & Elliott, D. M.* (2018). Challenges Faced by Family Caregivers: Multiple Perspectives on Eldercare. *Journal of Applied Gerontology*, Doi: 0733464818813466.

Ajrouch, K. J., Fuller, H.R., Akiyama, H., & Antonucci, T. C. (2018). Convoys of Social Relations in Cross-national Context. *The Gerontologist*, 58(3), 488-499. Doi: 10.1093/geront/gnw204

Fuller, H.R. (2017). The Emotional Toll of Out-Migration on Mothers and Fathers Left Behind in Mexico. *International Migration*, 55(3), 156-172. Doi: 10.1111/imig.12324

Fuller-Iglesias, H. & Antonucci, T.C. (2016). Familism, Social Network Characteristics, and Well-being among Older Adults in Mexico. *Journal of Cross-Cultural Gerontology*, 31(1), 1-17. Doi: 10.1007/s10823-015-9278-5

O'Connor, ML, Fuller-Iglesias, HR, Bishop, AK, Killian, T., Doll, G., Margrett, J., & Scott, J. (2016). Engaging Graduate Distance Learners in Research: A Collaborative Investigation of Rural Aging. *Gerontology and Geriatrics Education*, 37(1), 29-42. Doi: 10.1080/02701960.2015.1127808

Huseth-Zosel, A. *, Sanders, G., O'Connor, M., Fuller-Iglesias, H., & Langley, L. (2016). Health Care Provider Mobility Counseling Provision to Older Adults: A Rural/Urban Comparison. *Journal of Community Health*, 41(1), 1-10. doi: 10.1007/s10900-015-0055-8

Fuller-Iglesias, H. & Antonucci, T. (2016). Convoys of Social Support in Mexico: Examining Socio-demographic Variation. *International Journal of Behavioral Development*, 40(4), 324-33. doi: 10.1177/0165025415581028

Fuller-Iglesias, H.R., & Rajbhandari, S.* (2016). Development of a Multi-dimensional Scale of Social Integration in Late-life. *Research on Aging*, 38(1), 3-25. doi: 10.1177/0164027514568324

Fuller-Iglesias, H.R. (2015). The View from Back Home: Interpersonal Dynamics of Transnational Mexican Families. *Journal of Ethnic and Migration Studies*, 41(11), 1703-1724. doi:10.1080/1369183X.2015.1022518

Fuller-Iglesias, H.R. (2015). Social Ties and Psychological Well-being in Late-life: The Mediating Role of Relationship Satisfaction. *Aging and Mental Health*, 19(12), 1103-1112. doi: 10.1080/13607863.2014.1003285

Fuller-Iglesias, H.R., Webster, N., & Antonucci, T.C. (2015). The Complex Nature of Family Support across the Lifespan: Implications for Psychological Well-being. *Developmental Psychology*, 51(3), 277-288. Doi: 10.1037/a0038665

Fuller-Iglesias, H., Webster, N., & Antonucci, T.C. (2013). Adult family relationships in the context of friendship. *Research in Human Development*, 10(2), 184-203. Doi: 10.1080/15427609.2013.786562

Fuller-Iglesias, H., Antonucci, T.C., & Smith, J. (2009). Theoretical Perspectives on Life Span and Life Course Development. In T.C. Antonucci & J.S. Jackson (Eds.) *Annual Review of Gerontology and Geriatrics: Life-Course Perspectives on Late Life Health Inequalities, Vol 29*, Springer Publishing: New York.

Fuller-Iglesias, H., Antonucci, T., & Sellars, B. (2008). Resilience in Old Age: Social Relations as a Protective Factor. *Research in Human Development*, 5(3), 181-193. Doi: 10.1080/15427600802274043

Antonucci, T.C., Fuller-Iglesias, H. & Sellars, B. (2007). Midlife. In K.S. Markides (Ed.) *The Encyclopedia of Health and Aging*. Sage Publications.

Manuscripts Currently Under Review

Fuller, H.R., Ajrouch, K., & Antonucci, T.C. (under review). The convoy model and later life family relationships. Invited for special issue of *Journal of Family Theory and Review*.

Toyama, M., Fuller, H.R., & Hektner, J. (under review). Longitudinal associations between personality and perceived control for aging adults. Second revision submitted to *Psychology and Aging*.

Fuller, H.R., & Toyama, M. (under review). Implications of Relationships with Family, Friends, and Neighbors for Women's Well-being in Late-life. Invited for special issue of *Women and Aging*.

Refereed Proceeding Abstracts

Fuller, H.R. & Toyama, M.* (2019). Implications of Relationships with Family, Friends, and Neighbors for Women's Well-being in Late-life. *Innovation in Aging*, 3(Suppl 1), S213.

Fuller, H.R. (2019). Multiple factors influencing successful aging. *Innovation in Aging*, 3(Suppl 1), S618.

Toyama, M.* & Fuller, H.R. (2019). Which aspects of health predict late-life social integration over time? *Innovation in Aging*, 3(Suppl 1), S618-S619.

Cortez, F.* & Fuller, H.R. (2018). Activities of daily living moderate change in psychological well-being in later life. *Innovation in Aging*, 2(Suppl 1), 123.

O'Connor, M., Fuller, H.R., & Cortez, F.* (2018). Technology use among older adults in rural areas. *Innovation in Aging*, 2(Suppl 1), 679.

Toyama, M.* & Fuller, H.R. (2018). The equalizing role of social ties for health disparities between men and women in late-life. *Innovation in Aging*, 2(Suppl 1), 420.

Toyama, M.* & Fuller, H.R., & Hektner, J. (2018). Longitudinal psychosocial predictors for personal growth throughout adulthood. *Innovation in Aging*, 2(Suppl 1), 484.

Toyama, M.* & Owino, J.* & Fuller, H.R. (2018). Longitudinal implications of social integration for age and gender differences in late-life physical functioning. *Innovation in Aging*, 2(Suppl 1), 478-479.

Antonucci, T.C., & Fuller, H.R. (2017). Convoys in global context. *Innovation in Aging*, 1(Suppl 1), 1366.

Fiori, K.L., & Fuller, H.R. (2017). Social network typologies and health in late life: The moderating role of gender. *Innovation in Aging*, 1(Suppl 1), 941.

Fuller, H.R. (2017). Quality of child relationships as a mediator of the SES-health link among Mexican parents. *Innovation in Aging*, 1(Suppl 1), 1367.

Fuller, H.R., & Fiori, K.L. (2017). Longitudinal implications of social integration for health and well-being in late-life. *Innovation in Aging*, 1(Suppl 1), 1177.

Fuller, H.R., & Toyama, M.* (2017). The longitudinal impact of social network size and satisfaction on late-life well-being. *Innovation in Aging*, 1(suppl_1), 1175-1176.

Fuller-Iglesias, H., O'Connor, M. L., Scott, J., Margrett, J., Killian, T., Doll, G., & Bishop, A. J. (2015). Rural aging across the great plains: An examination of sociodemographic variation in quality of life. *The Gerontologist*, 55, 98-99.

O'Connor, M. L., Fuller-Iglesias, H., Bishop, A. J., Doll, G., Killian, T., Margrett, J., & Scott, J. (2015). Engaging distance learners in research: A collaborative investigation of rural aging. *The Gerontologist*, 55, 49-50.

Technical Reports and Outreach Publications

Fuller, H.R., Strommen, J., Sanders, G., O'Connor, M.L., & Huseth-Zosel, A. (2018). Great Plains Senior Services Collaborative: Program Evaluation Final Report. Submitted to Lutheran Services in America and Margaret A. Cargill Philanthropies.

Strommen, J., Fuller, H.R., & Sanders, G. (2016). North Dakota Family Caregiver Supports and Services Study Final Report. Published in the proceedings of the Interim Human Services Committee, 2016 ND Legislative Session.

Fuller, H.R. (2016). 10 Characteristics of Aging Well. Article in the Grand Forks Senior Center's newsletter, *The Silver Express - January*.

Fuller-Iglesias, H. (2015). The Importance of Recognizing the Role of Social Support in Human Development across the Lifespan. Article written for ND Compass website aiming to bring social science research to the public of North Dakota. <http://www.ndcompass.org/trends/ask-a-researcher/index.php#.VMsUby6mrzh>

Research Presentations

note: * denotes student co-author

Academic Conference Presentations – International

Fuller, H.R. & Toyama, M.* (July, 2017). The Longitudinal Impact of Social Network Size and Satisfaction on Late-life Well-being. Poster presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23-27, 2017.

Fuller, H.R. & Fiori, K.L. (July, 2017). Longitudinal Implications of Social Integration for Health and Well-being in Late-life. Poster presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23-27, 2017.

Fuller, H.R. (July, 2017). Quality of child relationships as a mediator of the SES-health link among Mexican parents. Paper presented as part of the symposium “Social Convoys across the Globe” presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23-27, 2017.

Fiori, K.L. & Fuller, H.R. (July, 2017). Social Network Typologies and Health in Late Life: The Moderating Role of Gender. Paper presented in the symposium “Social Networks and Self” presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23-27, 2017.

Webster, N.J., Fuller, H.R., Ajrouch, K.J., & Antonucci, T.C. (July, 2016) *Childhood health and social network development: The role of socio-economic status*. Paper to be presented as part of the symposium “Lives through Time: Tracing the Long-term Impact of Sequences of Live Events and Contexts from Early Life to Midlife and Old Age” at the 24th Biennial Meeting of the International Society for the Study of Behavioural Development, July 10-14, 2016, Vilnius, Lithuania.

Antonucci, T.C., Akiyama, H., Ajrouch, K., & Fuller-Iglesias, H. (March, 2015) *Depressive Symptoms in four Nations: US, Japan, Lebanon and Mexico*. Paper presented at the Inaugural International Convention for Psychological Science, March 12-14, 2015, Amsterdam, Netherlands.

Antonucci, T.C., Ajrouch, K., Fuller-Iglesias, H., & Akiyama, H. (July, 2014) *Convoys of Close Relationships in a Cultural Context*. Paper presented at the 23rd Biennial Meeting of the International Society for the Study of Behavioural Development. July 8-12, 2014, Shanghai, China.

Antonucci, T.C., Ajrouch, K., Fuller-Iglesias, H., & Akiyama, H. (July, 2014) *Cultural Influences on Convoys of Close Relationships*. Paper presented at the 22nd International Congress of the International Association for Cross-Cultural Psychology. July 15 -19, 2014, Reims, France.

Fuller-Iglesias, H. & Antonucci, T.C. (May, 2007). *The Family’s Role in Successful Aging*. In T. Antonucci (Chair) Critical Perspectives on Successful Aging. Symposium conducted at the PanAmerican Congress of Gerontology and Geriatrics in Puebla, Mexico.

Fuller-Iglesias, H. (May, 2007; Chair). *Health and Migration to the U.S.* Symposium organized for the PanAmerican Congress of Gerontology and Geriatrics in Puebla, Mexico (2007, May).

Academic Conference Presentations – National

Toyama, M.*, & Fuller, H. R. (November, 2019). Which aspects of health predict late-life social integration over time? In H. R. Fuller (Chair), *Multiple Factors Influencing Successful Aging*. Abstract submitted for a symposium presentation at the Gerontological Society of America Annual Scientific Meeting, Austin, TX, November 13-17, 2019.

Fuller, H. R., & Toyama, M.* (November, 2019). Implications of Relationships with Family, Friends, and Neighbors for Women’s Well-being in Late-life. In N. Newton (Chair), *Women’s Experiences of Aging and Social Connectedness*. Abstract submitted for a symposium presentation at the Gerontological Society of America Annual Scientific Meeting, Austin, TX, November 13-17, 2019.

Fuller, H.R. (October, 2019). Does social integration play a role for resilience and well-being in later life? In N. Webster (Chair), *Social Relations Across the Life Course: Stress, Resilience and Character Development*, symposium to be presented at the Biennial Meeting of the Society for the Study of

Human Development, Portland, OR.

Toyama, M.* , Fuller, H.R., & Hektner, J. (October, 2019). Longitudinal Associations between Personality and Sense of Control among Aging Women and Men. Poster to be presented at the 2019 Biennial Meeting of the Society for the Study of Human Development, Portland, OR.

Toyama, M.* , & Fuller, H.R. (November, 2018). The Equalizing Role of Social Ties for Health Disparities between Men and Women in Late-Life. In T. C. Antonucci (Chair). *Disparities Over Time: Positive and Negative Effects*. Symposium presented at the Gerontological Society of America Annual Scientific Meeting, Boston, MA.

Cortez, F.* & Fuller, H.R. (November, 2018). Activities of Daily Living Moderate Change in Psychological Well-being in Later Life. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Boston, MA.

O'Connor, M.L., Fuller, H.R. & Cortez, F.* (November, 2018). Technology Use among Older Adults in Rural Areas. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Boston, MA.

Toyama, M.* , Fuller, H.R., & Hektner, J. (November, 2018). Longitudinal Psychosocial Predictors for Continued Personal Growth throughout Adulthood. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Boston, MA.

Toyama, M.* , Owino, J.* , & Fuller, H.R. (November, 2018). Longitudinal Implications of Social Integration for Age and Gender Differences in Late-Life Physical Functioning. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Boston, MA.

Toyama, M.* & Fuller, H.R. (October, 2017). Concurrent and Long-Term Stress-Buffering Effects of Social Integration in Later Life. Poster presented at the Society for the Study of Human Development biennial conference, Providence, RI, October 4-9, 2017.

Dorsey, S.L.* , & Fuller, H.R. (November, 2016). Women's Friendships in Later Life: Implications for Married and Widowed Women. Poster to be presented at the National Council on Family Relations Annual Conference; Nov. 2-5. 2016, Minneapolis, MN.

Fuller, H.R., O'Connor, M.L., Scott, J.P., Margrett, J., Killian, T., Doll, G., & Bishop, A.J. (November, 2015) Rural aging across the Great Plains: An examination of sociodemographic variation in quality of life. Poster presented at the 68th Annual Scientific Meeting of the Gerontological Society of America. November 18-22, 2015, Orlando, FL.

O'Connor, M.L., Fuller, H.R., Bishop, A.K., Killian, T., Doll, G., Margrett, J., & Scott, J. (November, 2015) Engaging Graduate Distance Learners in Research: A Collaborative Investigation of Rural Aging. Poster presented at the 68th Annual Scientific Meeting of the Gerontological Society of America. November 18-22, 2015, Orlando, FL.

Margrett, J., Doll, G., Bishop, A., Fuller-Iglesias, H.R., Killian, T.S., O'Connor, M.L. & Scott, J.P. (February, 2014) *Engaging Distance Learners in Research: A Great Plains IDEA Collaborative Investigation of Rural Aging*. Paper presented at the 40th Annual Meeting of the Association for Gerontology in Higher Education. February 27 – March 2, 2014, Denver, CO.

Webster, N.J., Fuller-Iglesias, H.R., & Antonucci, T.C. (November, 2013). *The influence of health limitations on changes in older adults' social relationships*. Paper presented in the symposium "Social Networks and Health: Longitudinal and International Perspectives" at the 66th Annual Scientific Meeting of the Gerontological Society of America. November 20-24, 2013, New Orleans, LA.

Antonucci, T.C., Ajrouch, K., Fuller-Iglesias, H.R. & Akiyama, H. (November, 2013). *Convoys of Social Relations in Context: A focus on Japan, Lebanon, Mexico and U.S.* Paper presented in the symposium "Happy and Healthy in Midlife: The Importance of Social Networks and Support" at the 66th Annual Scientific Meeting of the Gerontological Society of America. November 20-24, 2013, New Orleans, LA.

Fuller-Iglesias, H.R., Webster, N., & Antonucci, T.C. (November, 2013). *Family relationships in the context of friendship in late-life*. Paper presented in the symposium "Rethinking Social Relations and Well-Being Later in Life" at the 8th Biennial conference of the Society for the Study of Human Development. November 3-5, 2013, Fort Lauderdale, FL.

Fuller-Iglesias, H.R. (November, 2012). Marital Quality among Mexican adults: 'El que se casa por todo pasa'. Paper presented in the symposium "The Downside of Positive and Supportive Social Ties" at the 65th Annual Scientific Meeting of the Gerontological Society of America. November 14-18, 2012, San Diego, CA.

Fuller-Iglesias, H. (November, 2012). Negativity within Mexican adults' positive family relationships. Paper presented in the symposium "Charting New Frontiers in Marital Quality: Connections across Spouses, Systems, and Cultures" at the 65th Annual Scientific Meeting of the Gerontological Society of America. November 14-18, 2012, San Diego, CA.

Webster, N., Fuller-Iglesias, H.R. & Antonucci, T.C. (August, 2012). Health Influences on Social Network Change: The Contextualizing Role of Socio-Economic Status. Paper presented at the 107th American Sociological Association annual meeting held from August 17-20, 2012 in Denver, CO.

Fuller-Iglesias, H.R. & Antonucci, T.C. (May, 2012). Negativity within highly positive parental relationships: Findings from the Social Relations and Well-being in Mexico Study. Paper presented at the Annual Convention of the Association for Psychological Science (APS) held from May 24-27, 2012 in Chicago, IL.

Fuller-Iglesias, H.R. & Antonucci, T.C. (November, 2011). Positive and negative social support among Mexican adults: Implications for stress, health, and well-being. Paper presented at the 64th Annual Scientific Meeting of the Gerontological Society of America. November 14th-18th, 2011, Boston.

Webster, N., Fuller-Iglesias, H.R. & Antonucci, T.C. (October, 2011). The racial context of health effects on changes in social networks. Paper presented at the Biennial Meeting of the Society for the Study of Human Development (SSHD) held from October 28th-30th, 2011 in Providence, Rhode Island.

Fuller-Iglesias, H.R., & Webster, N. (October, 2011). Does family support influence well-being differently for men and women? Paper presented at the Biennial Meeting of the Society for the Study of Human Development (SSHD) held from October 28th-30th, 2011 in Providence, Rhode Island.

Fuller-Iglesias, H.R. & Antonucci, T.C. (November, 2010). *Age differences in social relations in Mexico: Generational or transitional effects?* In K. Ajrouch (Chair) Age Transitions in Social Relations: An International Perspective. Symposium conducted at the 63rd Annual Scientific Meeting of the Gerontological Society of America. November 19th-23, 2010, New Orleans, LA.

Fuller-Iglesias, H.R. (November, 2010; Chair). *Caregiving within Hispanic American Families: Cultural Implications for Research and Practice*. Symposium presented at the 63rd Annual Scientific Meeting of the Gerontological Society of America. November 20-24, 2010, New Orleans, LA.

Fuller-Iglesias, H.R. (November, 2010) *Coping across borders: Transnational families in Mexico*. In Paper Symposium facilitated by M. Mulsow Families Coping Across Borders. Presented at the National Council on Family Relations Annual Conference; Nov. 3-6. 2010, Minneapolis, MN.

Fuller-Iglesias, H.R. & Antonucci, T.C. (November, 2009). Social Networks, Familism, and Well-being Among Older Adults in Mexico. In H. Akiyama (Chair) Using Global Perspectives on Health and Social Relations to Inform Creative Approaches to Aging. Symposium conducted at the meeting of the Gerontological Society of America. November 18-22, 2009.

Antonucci, T.C., Fuller-Iglesias, H.R., & Sellars, B. (November, 2008). *Resilience in Old Age: Social Relations as a Protective Factor*. In K. Ajrouch and K. Birditt (Chairs) Resilience in late life: The role of social relations. Symposium conducted at the meeting of the Gerontological Society of America. November 21-25, 2008.

Birditt, K.S., Jackey, L., Fuller-Iglesias, H.R., & Antonucci, T.C. (November, 2007). *Older but not necessarily nicer: Longitudinal patterns of negative relations in adulthood*. In H. Akiyama (Chair) Longitudinal Social Relations in Late Life. Symposium conducted at the meeting of the Gerontological Society of America. November 19-23, 2007.

Sellars, B., Fuller-Iglesias, H.R. & Antonucci, T. (October, 2007). *Age, Race, and the SES-Health Link: The Impact of Social Support among older adults*. Poster presented at the biennial meeting of the Society for the Study of Human Development, Penn State.

Antonucci, T.C., Fuller-Iglesias, H.R., & Birditt, K. (August, 2007). *Are socially connected children happy in young adulthood?* Poster presented at the annual meeting of the American Psychological Association, San Francisco.

Antonucci, T.C. & Fuller-Iglesias, H.R. (November, 2006) *Negative family relations during the transition to old age*. In K. Birditt (Chair) 'Sometimes love don't feel like it should': Irritations in close relations across adulthood. Symposium conducted at the meeting of the Gerontological Society of America, Dallas, Texas.

Fuller-Iglesias, H.R. & Antonucci, T.A. (August, 2006). *Family relations and depression during the transition to old age*. Poster presented at the 2006 START-MH conference in San Diego, California.

Fuller, H.R. & Haan, M.N. (November, 2005). *The Impact of Late-life Immigration and Cultural Orientation on the Well-being of Elderly Hispanics*. Paper presented as part of symposium on Transitions in Late-life at the annual GSA meeting, November 18-22, 2005.

Fuller, H.R. & Haan, M.N. (October, 2005). *The Impact of Acculturation and Age at Immigration on the Psychological Well-being of Elderly Hispanics*. Poster presented at SSHD meeting October 18-30, 2005.

Fuller H.R. & Haan, M.N. (October, 2005). *Creating a bidimensional measure of depression for use with Hispanic elders*. Poster presented at LIFE academy in Ann Arbor, Michigan.

Antonucci, T. C., Birditt, K. S., & Fuller, H.R. (August, 2005). *Do stressed mothers have unhappy children?* In K. Birditt & J. Smith (Chairs) Close social relations-Implications for well-being and relationship functioning. Symposium conducted at the meeting of the American Psychological Association, Washington, D.C.

Invited Presentations

Fuller, H.R. (February, 2017). *Social Support and Aging: Research from the Linked Lives Lab*. Presented to the Board of Visitors of the College of Human Development and Education on February 11, 2017, Fargo, ND.

Fuller-Iglesias, H.R., & O'Connor, ML (April, 2015). *Aging in Place in Rural Areas: A Collaborative GPIdea Research project*. Presented at the Great Plains Interactive Distance Education Alliance 2015 Spring Meeting, March 30 - April 1, 2015, Omaha, NE.

Fuller-Iglesias, H.R., Webster, N., & Antonucci, T.C. (June, 2013) *Adult family relationships in the context of friendship*. Presented as part of Society for the Study of Human Development Webinar entitled "Familial and Non-Familial Relationships as Ecological Sources of Positive Development across the Life Span" on June 12th, 2013.

Regional Presentations

Toyama, M.* , & Fuller, H.R. (April, 2018). *Longitudinal Implications of Social Integration for Age and Gender Differences in Late-Life Physical Functioning*. Poster session presented at the College of Human Development and Education Research Showcase, North Dakota State University, Fargo, ND, April 18.

Toyama, M.* , & Fuller, H.R. (April, 2018). *Longitudinal Implications of Social Integration for Age and Gender Differences in Late-Life Physical Functioning*. Poster session presented at the 2018 Red River Psychology Conference, Moorhead, MN.

Toyama, M. & Fuller, H.R. (April, 2017). *Concurrent and Long-Term Stress-Buffering Effects of Social Integration in Later Life*. Presentation at the 2017 HDE Research Showcase, North Dakota State University.

Brennan, A.* , & Fuller, H.R. (April 15, 2016). *Ethnic Differences in Parental Warmth and Control: Distinctions among and between Mothers and Fathers of Young Children*. Presentation at the Red River Psychology Conference, Fargo, ND.

Kranzler, B. *, Fuller, H.R., & Brennan, A.* (April 15, 2016). Ethnic and Gender Variations in Parenting Stress among Parents of Young Children. Presentation at the Red River Psychology Conference, Fargo, ND.

Brennan, A. *, & Fuller, H.R. (April 13, 2016). Ethnic Differences in Parental Warmth and Control: Distinctions among and between Mothers and Fathers of Young Children. Presentation at the 2016 HDE Research Showcase, North Dakota State University.

Kranzler, B. *, Fuller, H.R., & Brennan, A.* (April 13, 2016). Ethnic and Gender Variations in Parenting Stress among Parents of Young Children. Presentation at the 2016 HDE Research Showcase, North Dakota State University.

Brennan, A. *, & Fuller, H.R. (Oct. 26, 2015). Ethnic Variations in Parental Warmth, Control, and Experiences. Presentation at NDSU HDFS Department Colloquium Series.

Fuller-Iglesias, H.R. (April 4, 2014). *Measuring Social Integration in Late-life*. Colloquium presentation NDSU Department of Psychology.

Fuller-Iglesias, H.R. (March 10, 2014). *Social Integration and Well-being in Late-life*. Colloquium presentation NDSU Department of Human Development and Family Science.

Fuller-Iglesias, H.R. & Antonucci, T. (2012). Positive and negative social support among Mexican adults: Implications for stress, health, and well-being. Presentation at the 2012 HDE Research Showcase, North Dakota State University.

Fuller-Iglesias, H.R. (2011). Coping across borders: Transnational families in Mexico. Presentation at the 2011 HDE Research Showcase, North Dakota State University.

Fuller-Iglesias, H.R. (October 18, 2010). *Transnational Families Coping across Borders*. Colloquium presentation NDSU Department of Human Development and Family Science.

TEACHING

Courses Taught

North Dakota State University

- Developmental Theories and Concepts (Graduate)
- Family Dynamics of Aging (Undergraduate and Graduate; In-person, hybrid, & online)
- Lifespan Development (Undergraduate; In-person & online)
- Community Resources for Aging (Undergraduate; In-person, hybrid, & online)
- Gender and Aging (Undergraduate and Graduate; In-person, hybrid, & online)
- Advanced Development III: Middle to Late Adulthood (Graduate)
- Culture and Aging (Graduate)

University of Michigan

- Developmental Research Methods Lab
- Introduction to Developmental Psychology (Social Emphasis; Biological Emphasis)
- Introduction to Psychology

Graduate Students Supervised

Doctoral Students

Kayla Carlson, Developmental Science (in progress)
Jonix Owino, Developmental Science (in progress)
Masahiro Toyama, Developmental Science and Gerontology (graduated 2019)

Masters Students

Taylor Auger, Gerontology (in progress)
Theresa Haider, Gerontology (graduated 2018)
Angela Heil, Gerontology (graduated 2018)
Simone Dorsey, Couple & Family Therapy (graduated 2016)
Nanda Gross, Gerontology (graduated 2016)
Mary Bartram, Gerontology (graduated 2015)
Samjhana Rajbhandari, HDFS (graduated 2014)
Katharina Fritzler, Gerontology (graduated 2014)
Jami Bobby, Couple & Family Therapy (graduated 2012)

SERVICE

Professional Service

2019 Invited contributor, “Setting the Stage for Action in Rural Health & Aging”
Convening, July 23-24, 2019 in Scranton, PA. Hosted by the John A. Hartford
Foundation and the Harry & Jeanette Weinberg Foundation

2016 – present North Dakota Statewide Aging Collaborative

2011 – present Great Plains Interactive Distance Education Alliance (GPIDEA) – Gerontology

Ongoing Ad Hoc Journal Reviewer: *Developmental Psychology, Journals of Gerontology*
– *Social Sciences, Journal of Aging and Society, Journal of Cross-Cultural*
Gerontology, Aging and Mental Health, Family Relations, Journal of Child and
Maternal Health, Journal of Gerontology – Psychological Sciences, The
Gerontologist, Journal of Social and Personal Relationships, Journal of Adult
Development, International Journal of Aging and Human Development, Women
and Aging

 Ad Hoc Conference Abstract Reviewer: *Gerontological Society of America,*
International Association of Geriatrics and Gerontology

University and College Service

2019 – present NDSU University Grade Appeals Board

2017 – present HSE International Education and Engagement Committee

2016 – present NDSU Institutional Review Board

- 2015 – present NDSU Cooperative Sponsorship Committee
- 2009 – present NDSU Gerontology Doctoral Program Steering Committee
- 2018 Professional Academic Advisor Search Committee
- 2013 – 2016 HSE Academic Affairs Committee

Departmental Service

- 2010 – 2020 Search Committee: Assistant Professor of Child and Family Policy
- 2010 – present HDFS Undergraduate Program Committee
 - Undergraduate Program Coordinator (2017 – present)
 - NACA National College Fair in Minneapolis (September 26-28, 2017)
 - Academic Saturday recruitment presentation (November 18, 2017)
- 2009 – present HDFS Adult Development and Aging Curriculum Committee
- 2009 – present HDFS Gerontology Master’s Program Committee
 - Gerontology Masters Program Coordinator (2015-2016)
- 2009 – present HDFS Developmental Science Doctoral Program Committee
 - Doctoral Program Interim Coordinator 2016-17
 - o Successful Proposal for NDSU Graduate School Recruitment Enhancement Award, 2017, \$5000
 - Social Media Sub-Committee Chair (2014-2017)
- 2017 – 2019 HDFS Strategic Planning Taskforce
- 2017 – 2019 HDFS Promotion, Tenure, and Evaluation Committee
- 2011 – 2013 Hinsz Lecture Planning Committee
- 2011 – 2012 Search Committee: Assistant Professor of Developmental Science Position
- 2011 Chair of HDFS Undergraduate Coordinator Search Committee

Community Outreach Events and Publications

Fuller, H.R., & Huseth-Zosel, A. (2019). *Planning for an Active and Healthy Life in Retirement*. Presentation at the AARP of ND - Red River Rainbow Seniors Lounge & Learn, Fargo, ND.

Huseth-Zosel, A., Fuller, H.R., Strommen, J., & O’Connor, M. (2018). *This Ain’t Your Grandma’s Aging Simulation*. Hands-on workshop presented at Expanding Your Horizons Conference for 7th-9th Grade Girls in Fargo, ND.

Fuller, H.R., Cortez, F.*, Toyama, M.*, Chinopfukutwa, V.*, & Yerhot, M.* (2016). *Creative Strategies for Aging Well: Insights from Current Research*. Outreach presentation to senior citizens at Touchmark at Harwood Groves, Fargo, ND.

Fuller, H.R., Kranzler, B.*, Jellison, S.*, & Zehnacker, G.* (2016). *Creative Strategies for Aging Well: Insights from Current Research*. Outreach presentation to senior citizens at Broadway Station Senior Place, Fargo, ND.

Strommen, J., Fuller, H.R., & Sanders, G. (2016). *The State of Family Eldercare in North Dakota*. Presented at the Northern Plains Conference on Aging and Disability held in Fargo, ND.

Strommen, J., Fuller, H.R., & Sanders, G. (2016). *Family Caregiver Supports and Services Study*. Presented to the North Dakota Legislature's Interim Human Services Committee.

Fuller, H.R. (2016). 10 Characteristics of Aging Well. Article in the Grand Forks Senior Center's newsletter, *The Silver Express* - January.

Fuller, H.R. (2015). *The Ins and Outs of Aging Well*. Presentation at the AARP-ND Volunteer Conference, Fall 2015, Fargo, ND.

Fuller-Iglesias, H. (2015). The Importance of Recognizing the Role of Social Support in Human Development across the Lifespan. Article written for ND Compass website aiming to bring social science research to the public of North Dakota. <http://www.ndcompass.org/trends/ask-a-researcher/index.php#.VMsUby6mrzh>

Fuller-Iglesias, H.R., & O'Connor, M.L. (2015). *Aging in Place in Rural Areas: A Collaborative GPIdea Research project*. Presented at the Great Plains Interactive Distance Education Alliance 2015 Spring Meeting, Omaha, NE.

Fuller-Iglesias, H.R. (2015). *How to Support Aging Well in North Dakota*. Presentation at the North Dakota Extension Spring 2015 Training Meeting, Fargo, ND.

Fuller-Iglesias, H.R., Anderson, W.*, Jones, M.*, Mudzongo, C.*, and Yang, Z.* (2014). *Lessons from current research on successful aging*. Outreach presentation to senior citizens at Bethany Retirement Living, Fargo, ND. https://www.ndsu.edu/news/banner_stories/healthyagingresearch/

Professional Affiliations

Gerontological Society of America

- Behavioral and Social Sciences Section
- Rural Aging Interest Group

Society for the Study of Human Development

National Council on Family Relations

- Aging Families Subsection

American Psychological Association

- Division 20: Adult Development and Aging

Honors and Awards

- 2019 Research Development Travel Award, NDSU Research and Creative Activity (\$1,000)
- 2019 HDFS Departmental Award for Exceptional Contributions to Collaborative Efforts (Ann Werlinger, Heather Fuller, Beth Blodgett Salafia, and Carrie Johnson)
- 2018 James Lebedeff Endowed Professorship, College of Human Development and Education, 2018-2019 (\$12,000)
- 2017 HDFS Departmental Award for Exceptional Contributions to Collaborative Efforts (Jane Strommen, Heather Fuller, & Greg Sanders)
- 2017 HDFS Departmental Award for Exceptional Contributions to Learning
- 2017 HDE Support for Grant Writing and Research Award, 2016-2017 (\$3,000)
- 2017 2017 3-Minute-Thesis Competition Finalist, NDSU Graduate School, Masahiro Toyama (Ph.D. Student in Developmental Science supervised by Heather Fuller)
- 2017 HDE Research Showcase Graduate Poster Award (Masahiro Toyama & Heather Fuller)
- 2016 HDFS Departmental Award for Exceptional Contributions to Learning
- 2015 Society for the Study of Human Development Erin Phelps Award (for best paper)
- 2015 HDE College Award for Exceptional Contributions to Research
- 2015 HDFS Departmental Award for Exceptional Contributions to Research
- 2014 HDE Support for Grant Writing and Research Award, 2013-2014 (\$3,000)
- 2013 HDFS Departmental Award for Exceptional Contributions as an Emerging Teacher
- 2012 HDFS Departmental Award for Exceptional Contributions as an Emerging Teacher
- 2008 Outstanding Graduate Student Instructor Award (University-wide) (\$1,000)
- 2007 Outstanding Graduate Student Instructor (Psychology)