

Do you want research experience? Are you interested in understanding adolescent development?

In Dr. McWood's AIRS (Adolescent Involvement Relationships and Sleep) research lab, research assistants will have the opportunity to:

- Get training using sleep watches
- Work with adolescents and their parent
- Collect data on adolescent time use, activity involvement, relationships, and adjustment
- Attend lab meetings with graduate students and professors
- Gain authorship on presentations at professional conferences
- We are especially interested in students who could start as soon as now or in spring 2023.



Studies answer questions such as:

- How does sleep relate to adolescent adjustment?
- How does participation in organized activity impact sleep?
- How does parent child conflict relate to sleep?
- Can organized activity involvement protect adolescents from the negative effects of stress?

Interested?

Please contact me by
email:

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