Hello! I’m Andrea!

(I use she/her pronouns)

• NDSU Grad 😊
  • Master of Education
    • Educational Leadership – Higher Education track
  • Bachelor of Science
    • HDFS (Family Science option)

• My Family
  • Web Engineer Husband, Riley
  • Mini Aussies, Cooper 1 ½ (top-right) and Eevee 6 months (bottom-right)

• Before advising, I worked at the NDSU Career and Advising Center, so I LOVE talking careers!
College of Human Sciences & Education (HS&E)

Human Development & Family Science

- Elementary Education (Dual Degree w/VCSU)
  - Child & Adolescent Development Option
- Social Work (Dual Degree w/MiSU)
- Child & Adolescent Development
- Adult Development & Aging
- Family Science
  - OR
  - Adult Development & Aging Options
Human Development & Family Science

- Bachelor of Science (B.S.) degree in Human Development and Family Science
- One of three options
  - Child and Adolescent Development
  - Family Science
  - Adult Development and Aging
5 Year Accelerated Master’s Program

• Students in the Adult Development and Aging option may enter the master’s option in Gerontology.
  • Earn a Master’s degree in HDFS in the Gerontology option by completing just one additional year of classes.
  • 15 credits of the undergraduate curriculum are replaced by 15 graduate credits.
  • Great Plains IDEA Website on Gerontology

• Students in the Child and Adolescent Development option may enter the master’s option in Youth Development.
  • Earn a Master’s degree in HDFS in the Youth Development option by completing just one additional year of classes.
  • 15 credits of the undergraduate curriculum are replaced by 15 graduate credits.
  • Great Plains IDEA Website on Youth Development

• Students in the Family Science option may enter the master’s option in Family Financial Planning.
  • Earn a Master’s degree in HDFS in the Family Financial Planning option by completing just one additional year of classes.
  • 15 credits of the undergraduate curriculum are replaced by 15 graduate credits.
  • Great Plains IDEA Website on Family Financial Planning
The **science** of human development....

*seeks to understand how and why people change or remain the same across the lifespan*

**Development** refers to....

*individual change, growth, and adaptation within the environment*
Our work as Family Scientists is...

Relationship Focused

Family Science focuses on strengthening healthy interpersonal relationships within all types of families — between parents, romantic partners, parents and their children, siblings, and other family relationships — at all stages of life.

Evidence Based

Family Science professionals use research findings to create programs that will best serve families, and they implement evidence-based practices when working with families.

Preventive

Family Science professionals use an educational approach to help prevent problems within families before they occur, or minimize existing problems.

Strengths Oriented

Family Science professionals believe all families have strengths. A strengths-based approach is about developing sustainable, self-sufficient families by helping identify and establish additional strengths — not by saving, doing for, or fixing families.

Applied

Findings from Family Science are meant to be used in the real world. Family Science professionals translate and apply research findings when working directly with families in a variety of contexts.
Research Opportunities

- Healthy Eating and Body Image Lab
- Healthy Aging Lab
- Linked Lives Lab
Common Concerns
You are NOT alone!

- My log-ins won’t work
- Homesickness
- Is this the right place for me?
- Is this the right major for me?
- Roommate issues
- How do I talk to an instructor?
- Should I drop this class?
- How do I organize and manage all there is to do?
- Finances
Problems with Technology?
Get help right away!

- Blackboard
- Campus Connection
- Email
- Log-ins
- Wi-Fi
- Navigate Student App (leave notifications on)

- Stop by Quentin Burdick Building (QBB) 150
  *Or email ndsu.helpdesk@ndsu.edu
  *Or Call: 701-231-8685 (option 1)
Campus Resources

Career and Advising Center
• https://career-advising.ndsu.edu/

Disability Services
• https://www.ndsu.edu/disabilityservices/

ACE tutoring
• https://www.ndsu.edu/ace/

Counseling Center
• https://www.ndsu.edu/counseling/

Registration and Records
• https://www.ndsu.edu/registrar/

One Stop
• https://www.ndsu.edu/onestop/

Center for Writers
• https://www.ndsu.edu/cfwriters/

Apply for HSE scholarships!!
• https://www.ndsu.edu/hde/hde_scholarships/
Get Involved!

HSE Ambassadors – Applications open now!

Human Development & Family Science (HDFS) Club

Elementary Education Club

Student Social Work Organization

American Association of Family & Consumer Sciences (AAFCS)

View all NDSU organizations here: www.myndsu.ndsu.edu
HSE Advising Philosophy

“Human Sciences and Education (HS&E) is committed to offering professional level advising services to our enrolled students. We feel it is important for you to seek academic advising frequently throughout your academic career.”
<table>
<thead>
<tr>
<th>Student Responsibilities</th>
<th>Advisor Responsibilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Take personal responsibility for academic decisions.</td>
<td>Understand and communicate curriculum and graduation requirements.</td>
</tr>
<tr>
<td>Become knowledgeable about NDSU programs, policies and procedures</td>
<td>Assist students in finding and understanding university requirements, policies and procedures.</td>
</tr>
<tr>
<td>Keep a personal record of academic progress.</td>
<td>Monitor student’s academic progress.</td>
</tr>
<tr>
<td>Schedule and keep regular appointments with advisor. Meet at least once each semester.</td>
<td>Be available and accessible as possible for student appointments.</td>
</tr>
<tr>
<td>Prepare for advising appointments.</td>
<td>Prepare for advising appointments. Maintain student records as needed.</td>
</tr>
<tr>
<td>Openly and honestly discuss concerns at each advising meeting.</td>
<td>Listen carefully to questions and concerns. Maintain confidentiality.</td>
</tr>
<tr>
<td>Follow through on suggested actions, resources and referrals</td>
<td>Match student’s needs with available resources and make referrals.</td>
</tr>
<tr>
<td>Read your emails and check Blackboard regularly.</td>
<td>Will respond to students in a timely manner.</td>
</tr>
</tbody>
</table>
Who is my advisor?

- HDFS majors (YOU) are advised by a professional academic advisor (ME) until you reach 60 credits.
- After 60 credits is reached, you are advised by an HDFS Faculty member.

How can I find out who my advisor is?

- Campus Connection View “Academic Progress” or “Student Self Service” to see advisor’s name and contact information.
- Navigate View “Student Success Team” “Advisor” and “Secondary Advisor”.
Semester Grade Point Average (GPA) Calculations

Divide the total number of honor points earned by the total number of credit hours in which honor points were awarded: including F grades.

<table>
<thead>
<tr>
<th>Honor Points</th>
<th>Grades</th>
<th>Class</th>
<th>Credits</th>
<th>Grades</th>
<th>Honor Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Excellent</td>
<td>4.0</td>
<td>BIO 100 Lab</td>
<td>1</td>
<td>A (4)</td>
</tr>
<tr>
<td>B</td>
<td>Good</td>
<td>3.0</td>
<td>ENGL 110</td>
<td>3</td>
<td>D (1)</td>
</tr>
<tr>
<td>C</td>
<td>Average</td>
<td>2.0</td>
<td>CSCI 114</td>
<td>3</td>
<td>A (4)</td>
</tr>
<tr>
<td>D</td>
<td>Passing</td>
<td>1.0</td>
<td>PSYC 111</td>
<td>3</td>
<td>B (3)</td>
</tr>
<tr>
<td>F</td>
<td>Failure</td>
<td>0.0</td>
<td>Total Credits: 10</td>
<td>Total Honor Points: 28</td>
<td></td>
</tr>
</tbody>
</table>

28 (honor points) / 10 (total credits) = 2.80 term GPA
Academic Good Standing

- A students’ term and cumulative GPA are both at or above a 2.00 (which is a C average).
- HDFS
  - A grade of ‘C’ or better is required for all HDFS prefix courses
  - A 2.50 cumulative GPA is required in HDFS courses for graduation.
Academic Warning, Probation & Suspension

- **Academic Warning**
  - Is an alert that the last semester’s GPA was below the 2.00 GPA required for Good Academic Standing.
  - This does not appear on the academic transcript.
Academic Probation

- **Academic Probation**
  - Notification that the cumulative GPA is below 2.00 if a student was previously on good standing or academic warning.
  - This *does not* appear on the academic transcript.
  - If this is your first semester with no previous standing and your semester and cumulative GPA are below a 2.00 you would be put on probation.
Continued Probation

- **CONTINUED PROBATION**
  - An extension of academic probation, but academic progress is shown by earning a minimum term GPA of 2.00 but the cumulative GPA is below a 2.00.
  - This *does not* appear on the academic transcript.
ACADEMIC SUSPENSION

- Academic suspension is issued when a semester is started on either probation or continued probation and both a term GPA and cumulative GPA are below the 2.00 GPA.
- Registration for the following semester is administratively removed (withdrawn).
- A student must sit out of NDSU for TWO semesters (including summer) and submit a reactivation request before they can return to NDSU.
- Academic suspensions DO appear on the academic transcript.
This student was on probation last semester, will they be suspended?

**Honor Points**

- **A** = Excellent = 4.0
- **B** = Good = 3.0
- **C** = Average = 2.0
- **D** = Passing = 1.0
- **F** = Failure = 0.0

<table>
<thead>
<tr>
<th>Class</th>
<th>Credits</th>
<th>Grades</th>
<th>Honor Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 100 Lab</td>
<td>1</td>
<td>A (4)</td>
<td>4</td>
</tr>
<tr>
<td>ENGL 110</td>
<td>3</td>
<td>B (3)</td>
<td>9</td>
</tr>
<tr>
<td>CSCI 114</td>
<td>3</td>
<td>D (1)</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 111</td>
<td>3</td>
<td>D (1)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 242</td>
<td>3</td>
<td>C (2)</td>
<td>6</td>
</tr>
</tbody>
</table>

**Total Credits:** 13  
**Total Honor Points:** 25

\[
\text{Total Honor Points} / \text{Total Credits} = \text{GPA} \\
25 / 13 = \textbf{1.92 term GPA}
\]
Deans List &
Graduating
with honors

<table>
<thead>
<tr>
<th>Honor</th>
<th>Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summa Cum Laude</td>
<td>equal to or greater than 3.90</td>
</tr>
<tr>
<td>Magna Cum Laude</td>
<td>equal to or greater than 3.70 and less than 3.90</td>
</tr>
<tr>
<td>Cum Laude</td>
<td>equal to or greater than 3.50 and less than 3.70</td>
</tr>
</tbody>
</table>

- In order to be included in the **Dean’s List**:
  - **3.50** term GPA
  - **12** graded credits in Fall or Spring at NDSU (9 credits in Summer sessions)
    - Dean’s list is included on transcript

- To Graduate with Honors:
  - Cumulative GPA of **3.50** in all NDSU coursework
  - Minimum of **60 credits in residence** at NDSU
Drops & Repeats

No-Record Drops:
You can drop a course from your schedule before this deadline and it will not appear on your academic record.
The No-Record drop deadline is typically at the end of the first week for full semester classes. Summer dates vary greatly.

“W” Drops:
You can still drop classes after No-Record Drop deadline.
A “W” will appear on the transcript, even if the class is retaken.
The “W” does NOT affect the GPA.
Dropping below 12 credits can affect financial aid.

Repeats:
The most recent attempt replaces a previous grade – NOT the best grade!
All attempts remain on your academic record.
A student is limited to a maximum of three attempts in any course (graded – not W)
Withdrawing from all NDSU classes

• You cannot drop all of your classes in Campus Connection. If you try, all but one of your classes would be dropped. To drop all semester classes, you must complete an online form.

• Cancelation of Registration/Withdraw to Zero Credits form (One Stop or Registration and Records websites).

• Online form(s)

The last day to withdraw to zero credits for this semester is November 12th (no refunds after this point, and there will be a “W” on record)
**NDSU General Education Requirements**

**Communication (C)**

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>English 110 College Composition I</strong></td>
<td></td>
</tr>
<tr>
<td>• <em>If you transferred in (PSEO, AP, CIS, Dual Credit) ENGL 110, you would take English 120.</em></td>
<td></td>
</tr>
<tr>
<td>• <strong>If you had an 18 or higher for English ACT OR scored above 25 on the English Placement Survey, you will start in English 120. After completing ENGL 120 with a “C” or better, you will receive placement “P” credit on your transcript.</strong></td>
<td></td>
</tr>
<tr>
<td>• Satisfies Communication (C)</td>
<td></td>
</tr>
<tr>
<td>• Required for General Education</td>
<td></td>
</tr>
<tr>
<td><strong>English 120 College Composition II</strong></td>
<td></td>
</tr>
<tr>
<td>• Satisfies Communication (C)</td>
<td></td>
</tr>
<tr>
<td>• Required for General Education</td>
<td></td>
</tr>
<tr>
<td><strong>Communication 110 Fundamentals of Public Speaking</strong></td>
<td></td>
</tr>
<tr>
<td>• Satisfies Communication (C)</td>
<td></td>
</tr>
<tr>
<td>• Required for General Education</td>
<td></td>
</tr>
</tbody>
</table>

**Upper-Level Writing Course – English 320, 325, 358, or 459**

• Satisfies Communication (C)
• Required for General Education
MATH 104 Finite Mathematics
- Satisfies Quantitative Reasoning (R)
  - **If you transferred in (PSEO, AP, CIS, Dual Credits) for MATH 103 College Algebra, STAT 330 Intro to Statistics, or any other math higher than 103, (R) is satisfied
- Math 103 or Math 104 is required to take STAT 330
- Required for HDFS program

STAT 330 Introductory Statistics
- Satisfies Quantitative Reasoning (R)
- Required for HDFS program
### Science and Technology

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Notes</th>
</tr>
</thead>
</table>
| **Any Science General Education Course** *(ex: AGRI 115, UNIV 150, Biology, GEOL, CHEM, PHYS)* | 3       | Satisfies 3 credits of Science & Technology (S)  
Required for General Education |
| **Any Co-Requisite Laboratory Science** *(ex: BIO, GEOL, CHEM, or PHYS)* | 1       | Satisfies 1 credit of Science & Technology (S)  
Required for General Education |
| **Any Science General Education Course** *(ex: AGRI 115, UNIV 150, Biology, GEOL, CHEM, PHYS)* | 1       | Satisfies 1 credit of Science & Technology (S)  
Required for General Education |
| **Computer Science 114 or Transportation & Logistics 116** | 3       | Satisfies 3 credits of Science & Technology (S)  
Required for General Education |
**Any Humanities and Fine Arts Elective Course**
(ex: ART 110/111, ENGL 150/220, HIST 103/104, MUSC 100/108, PHIL 101/215, POLS 120, RELS 100, THEA 115, TIPS 101, WGS 110/112, foreign language courses)

- Satisfies 3 credits of Humanities & Fine Arts (A)
- Required for General Education
### Social and Behavioral Sciences (B)

**Psychology 111 Intro to Psychology**
- Satisfies 3 credits of Social & Behavioral Sciences (B)
- Required for HDFS program

**Sociology 110 Intro to Sociology**
- Satisfies 3 credits of Social & Behavioral Sciences (B)
- Required for HDFS program
### Wellness (W)

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication (C)</td>
<td>12</td>
</tr>
<tr>
<td>ENGL 110 College Composition I</td>
<td></td>
</tr>
<tr>
<td>ENGL 120 College Composition II</td>
<td></td>
</tr>
<tr>
<td>COMM 110 Fundamentals of Public Speaking</td>
<td></td>
</tr>
<tr>
<td>Upper Division Writing †</td>
<td></td>
</tr>
<tr>
<td>Quantitative Reasoning (R) †</td>
<td>3</td>
</tr>
<tr>
<td>Science and Technology (S) †</td>
<td>10</td>
</tr>
<tr>
<td>Humanities and Fine Arts (A) †</td>
<td>6</td>
</tr>
<tr>
<td>Social and Behavioral Sciences (B) †</td>
<td>6</td>
</tr>
<tr>
<td>Wellness (W) †</td>
<td>2</td>
</tr>
<tr>
<td>Cultural Diversity (D) ††</td>
<td></td>
</tr>
<tr>
<td>Global Perspectives (G) ††</td>
<td></td>
</tr>
<tr>
<td>Total Credits</td>
<td>39</td>
</tr>
</tbody>
</table>

**HDFS 242 Couples, Marriages, Families**

- Satisfies Social & Behavioral Sciences (B)
- Satisfies Wellness (W)
- Required for HDFS program
Any Course from the Global Perspectives (G) Category Elective Course

- Satisfies Global Perspectives (G)
- Required for General Education

HDFS 275 Diversity & Multiculturalism in Individual & Family Life

- Satisfies 3 credits of Social & Behavioral Sciences (B)
- Satisfies Cultural Diversity (D)
- Required for HDFS program
### Official Curriculum Guides

<table>
<thead>
<tr>
<th>Program</th>
<th>2021</th>
<th>2020</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Development and Family Science (Adult Development &amp; Aging)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sport Management</td>
<td>2021</td>
<td>2020</td>
<td>2019</td>
<td>2018</td>
<td>2017</td>
</tr>
<tr>
<td>Women and Gender Studies</td>
<td>2021</td>
<td>2020</td>
<td>2019</td>
<td>2018</td>
<td>2017</td>
</tr>
</tbody>
</table>
Program FAQ materials

• HDFS
• HDFS 5-Year Accelerated Master’s Program (B.S. + M.S.)
• Look at class and grade requirements
• What can you do with an HDFS major?
  • https://family.science/where-we-work
  • https://career-advising.ndsu.edu/resources/what-can-i-do-with-this-major/
  • https://www.ndsu.edu/hdfs/undergraduate_studies/career_planning/
  • https://www.hdfscareers.com/
Who is ultimately responsible for knowing and understanding NDSU Rules, Policies and procedures?
YOU!

An advisor assists students. However, “students are responsible for their academic decisions including the selection of courses, meeting course requisites (co-requisites/prerequisites), and adhering to policies, procedures, and deadlines.” – NDSU Bulletin
Advising Meetings

• Meet with me **once a semester** for HDFS advising to ensure you are in the correct courses and to ask any questions you have!

• I use Navigate for meeting with students
  • You can use the [web browser](#) or Navigate Student Mobile App

• After you meet with me, I will create an [Appointment Summary Report](#) on Navigate
  • *You can’t view the appointment summary on the app, you must use the web version.
Questions? Contact me!

**Andrea Abrahamson, (she, her, hers)**

- Email: Andrea.A.Abrahamson@ndsu.edu
- Office: Evelyn Morrow Lebedeff Hall (EML) 270B
- Phone: 701-231-9849 (leave a voicemail)

Schedule an appointment with me on Navigate!

[https://ndsu.campus.eab.com/pal/8GoLUYmc3P](https://ndsu.campus.eab.com/pal/8GoLUYmc3P)

Scan the QR code by opening the camera/snapchat on your phone!

**Instructions for Navigate appointments with Andrea**