Hello! I’m Andrea!
(I use she/her pronouns)

• NDSU Grad 😊
  • Master of Education
    • Educational Leadership – Higher Education track
  • Bachelor of Science
    • HDFS (Family Science option)

• My Family
  • Web Engineer Husband, Riley
  • Mini Aussies, Cooper 1 ½ (top-right) and Eevee 6 months (bottom-right)

• Before advising, I worked at the NDSU Career and Advising Center, so I LOVE talking careers!

STUDENT FOCUSED • LAND GRANT • RESEARCH UNIVERSITY

NDSU
College of Human Sciences & Education (HS&E)

Human Development & Family Science

- Elementary Education (Dual Degree w/VCSU)
  - Child & Adolescent Development Option

- Social Work (Dual Degree w/MiSU)
- Child & Adolescent Development
- Adult Development & Aging
- Family Science
  - OR
  - Adult Development & Aging Options
NDSU HDFS/Social Work Dual Degree

• Bachelor of Science (B.S) degree in Human Development and Family Science from North Dakota State University (NDSU)

• Bachelor of Social Work (B.S.W) degree from Minot State University (MiSU)

• Never leave NDSU’s campus and complete in four years!
The **science** of human development....

*seeks to understand how and why people change or remain the same across the lifespan*

**Development** refers to....

*individual change, growth, and adaptation within the environment*
Family Science focuses on strengthening healthy interpersonal relationships within all types of families — between parents, romantic partners, parents and their children, siblings, and other family relationships — at all stages of life.

Family Science professionals use research findings to create programs that will best serve families, and they implement evidence-based practices when working with families.

Family Science professionals use an educational approach to help prevent problems within families before they occur, or minimize existing problems.

Family Science professionals believe all families have strengths. A strengths-based approach is about developing sustainable, self-sufficient families by helping identify and establish additional strengths — not by saving, doing for, or fixing families.

Findings from Family Science are meant to be used in the real world. Family Science professionals translate and apply research findings when working directly with families in a variety of contexts.
What do social workers do?

- Social work is for those with a strong desire to help improve people’s lives. Social Worker’s:
  - Assist people by helping them cope with issues in their everyday lives (inadequate housing, substance abuse),
  - Deal with their relationships (conflicts)
  - And solve personal and family problems (child or spousal abuse).

- After graduation you will be qualified for entry level positions in areas such as mental health, aging services, or residential treatment.

- You will need an MSW to become a Licensed Clinical Social Worker (LCSW). With this, you can provide one-on-one psychotherapy or deliver advanced clinical services.
Where do social workers work?

- Substance abuse clinics
- Nursing Homes
- Private Practice Schools
- Refugee and Immigrant Agencies
- Child welfare agencies
- Military Bases and Hospitals
- Hospitals Clinics
Research Opportunities

- Healthy Eating and Body Image Lab
- Healthy Aging Lab
- Linked Lives Lab
Common Concerns
You are NOT alone!

- My log-ins won’t work
- Homesickness
- Is this the right place for me?
- Is this the right major for me?
- Roommate issues
- How do I talk to an instructor?
- Should I drop this class?
- How do I organize and manage all there is to do?
- Finances
Problems with Technology?
Get help right away!

• Blackboard
• Campus Connection
• Email
• Log-ins
• Wi-Fi
• Navigate Student App (leave notifications on)

• Stop by Quentin Burdick Building (QBB) 150
  *Or email ndsu.helpdesk@ndsu.edu
  *Or Call: 701-231-8685 (option 1)
Campus Resources

Career and Advising Center
• https://career-advising.ndsu.edu/

Disability Services
• https://www.ndsu.edu/disabilityservices/

ACE tutoring
• https://www.ndsu.edu/ace/

Counseling Center
• https://www.ndsu.edu/counseling/

Registration and Records
• https://www.ndsu.edu/registrar/

One Stop
• https://www.ndsu.edu/onestop/

Center for Writers
• https://www.ndsu.edu/cfwriters/

Apply for HSE scholarships!!
• https://www.ndsu.edu/hde/hde_scholarships/
Get Involved!

- HSE Ambassadors – Applications open now!
- Student Social Work Organization
- Human Development & Family Science (HDFS) Club
- Elementary Education Club
- American Association of Family & Consumer Sciences (AAFCS)

View all NDSU organizations here: www.myndsu.ndsu.edu
HSE Advising Philosophy

“Human Sciences and Education (HS&E) is committed to offering professional level advising services to our enrolled students. We feel it is important for you to seek academic advising frequently throughout your academic career.”
<table>
<thead>
<tr>
<th>Student Responsibilities</th>
<th>Advisor Responsibilities</th>
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</thead>
<tbody>
<tr>
<td>• Take personal responsibility for academic decisions.</td>
<td>• Understand and communicate curriculum and graduation</td>
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<tr>
<td></td>
<td>requirements.</td>
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<tr>
<td>• Become knowledgeable about NDSU programs, policies and procedures</td>
<td>• Assist students in finding and understanding university</td>
</tr>
<tr>
<td></td>
<td>requirements, policies and procedures.</td>
</tr>
<tr>
<td>• Keep a personal record of academic progress.</td>
<td>• Monitor student’s academic progress.</td>
</tr>
<tr>
<td>• Schedule and keep regular appointments with advisor. Meet at least once each</td>
<td>• Be available and accessible as possible for student</td>
</tr>
<tr>
<td>semester.</td>
<td>appointments.</td>
</tr>
<tr>
<td>• Prepare for advising appointments.</td>
<td>• Prepare for advising appointments. Maintain student</td>
</tr>
<tr>
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<td>records as needed.</td>
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<tr>
<td>• Openly and honestly discuss concerns at each advising meeting.</td>
<td>• Listen carefully to questions and concerns. Maintain</td>
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<td></td>
<td>confidentiality.</td>
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<tr>
<td>• Follow through on suggested actions, resources and referrals</td>
<td>• Match student’s needs with available resources and make</td>
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<tr>
<td>• Read your emails and check Blackboard regularly.</td>
<td>referrals.</td>
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<tr>
<td></td>
<td>• Will respond to students in a timely manner.</td>
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</tbody>
</table>
Who is my advisor??

- HDFS/Social Work majors (YOU) are advised by a professional academic advisor (ME) until you reach **60 credits**.
- After *60 credits is reached*, you are advised by an HDFS Faculty member.
- Sophomore Fall semester, you are assigned an MiSU Social Work Faculty Advisor.
- You will meet with both ME/HDFS faculty (depending on your credits) **AND** your Social Work Faculty Advisor **EVERY** semester for advising.

**How can I find out who my advisor is?**

- Campus Connection View “Academic Progress” or “Student Self Service” to see advisor’s name and contact information.
- Navigate View “Student Success Team” “Advisor” and “Secondary Advisor.”
Semester Grade Point Average (GPA) Calculations

Divide the total number of honor points earned by the total number of credit hours in which honor points were awarded: including F grades.

<table>
<thead>
<tr>
<th>Honor Points</th>
<th>A = Excellent = 4.0</th>
<th>B = Good = 3.0</th>
<th>C = Average = 2.0</th>
<th>D = Passing = 1.0</th>
<th>F = Failure = 0.0</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
<td>Credits</td>
<td>Grades</td>
<td>Honor Points</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIO 100 Lab</td>
<td>1</td>
<td>A (4)</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ENGL 110</td>
<td>3</td>
<td>D (1)</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CSCI 114</td>
<td>3</td>
<td>A (4)</td>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYC 111</td>
<td>3</td>
<td>B (3)</td>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Credits:</strong></td>
<td><strong>10</strong></td>
<td><strong>Total Honor Points:</strong></td>
<td><strong>28</strong></td>
<td></td>
<td></td>
</tr>
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</table>

28 (honor points) / 10 (total credits) = **2.80 term GPA**
Academic Good Standing

• A students’ term and cumulative GPA are both at or above a 2.00 (which is a C average).

• HDFS
  • A grade of ‘C’ or better is required for all HDFS and SWK prefix courses
  • A 2.50 cumulative GPA is required in HDFS courses for graduation.

• Social Work
  • A 2.50 cumulative SWK GPA is required for acceptance into the Social Work program.
Academic Warning, Probation & Suspension

• **ACADEMIC WARNING**
  • Is an **alert** that the last semester’s GPA was below the 2.00 GPA required for Good Academic Standing.
  • This *does not appear on the academic transcript.*
Academic Probation

- Academic Probation
  - Notification that the cumulative GPA is below 2.00 if a student was previously on good standing or academic warning.
  - This *does not* appear on the academic transcript.
  - If this is your first semester with no previous standing and your semester and cumulative GPA are below a 2.00 you would be put on probation.
Continued Probation

- **CONTINUED PROBATION**
  - An extension of academic probation, but academic progress is shown by earning a minimum term GPA of 2.00 but the cumulative GPA is below a 2.00.
  - This **does not** appear on the academic transcript.
ACADEMIC SUSPENSION

• Academic suspension is issued when a semester is started on either probation or continued probation and both a term GPA and cumulative GPA are below the 2.00 GPA.

• Registration for the following semester is administratively removed (withdrawn).

• A student must sit out of NDSU for TWO semesters (including summer) and submit a reactivation request before they can return to NDSU.

• Academic suspensions DO appear on the academic transcript.
This student was on probation last semester, will they be suspended?

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<td>3</td>
<td>D (1)</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 111</td>
<td>3</td>
<td>D (1)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 242</td>
<td>3</td>
<td>C (2)</td>
<td>6</td>
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</tbody>
</table>

Total Credits: 13  Total Honor Points: 25

Total Honor Points / Total Credits = GPA
25 / 13 = **1.92 term GPA**
Deans List & Graduating with honors

- In order to be included in the Dean’s List:
  - **3.50** term GPA
  - **12** graded credits in Fall or Spring at NDSU (9 credits in Summer sessions)
    - Since you are a dual degree student, you may not have 12 credits at NDSU in later semesters.
  - Dean’s list is included on transcript
- To Graduate with Honors:
  - Cumulative GPA of **3.50** in all NDSU coursework
  - Minimum of **60 credits in residence** at NDSU
    - *(Dual Degree MiSU credits do not count for NDSU residency)*
Drops & Repeats

No-Record Drops:
You can drop a course from your schedule before this deadline and it will not appear on your academic record.
The No-Record drop deadline is typically at the end of the first week for full semester classes. Summer dates vary greatly.

“W” Drops:
You can still drop classes after No-Record Drop deadline.
A “W” will appear on the transcript, even if the class is retaken.
The “W” does NOT affect the GPA.
Dropping below 12 credits can affect financial aid.

Repeats:
The most recent attempt replaces a previous grade – NOT the best grade!
All attempts remain on your academic record.
A student is limited to a maximum of three attempts in any course (graded – not W)
Withdrawing from all NDSU classes

• You cannot drop all of your classes in Campus Connection. If you try, all but one of your classes would be dropped. To drop all semester classes, you must complete an online form.

• Cancelation of Registration/Withdraw to Zero Credits form (One Stop or Registration and Records websites).

• Online form(s)

The last day to withdraw to zero credits for this semester is **November 12th** (no refunds after this point, and there will be a “W” on record)
NDSU General Education Requirements

Communication (C)

**English 110 College Composition I**
- *If you transferred in (PSEO, AP, CIS, Dual Credit) ENGL 110, you would take English 120.
- **If you had an 18 or higher for English ACT OR scored above 25 on the English Placement Survey, you will start in English 120. After completing ENGL 120 with a “C” or better, you will receive placement “P” credit on your transcript.
- Satisfies Communication (C)
- Required for Social Work Program Admission

**English 120 College Composition II**
- Satisfies Communication (C)
- Required for Social Work Program Admission

**Communication 110 Fundamentals of Public Speaking**
- Satisfies Communication (C)
- Required for Social Work Program Admission

**Upper-Level Writing Course – English 320, 325, 358, or 459**
- Satisfies Communication (C)
- Required for Social Work Program Admission
MATH 104 Finite Mathematics
- Satisfies Quantitative Reasoning (R)
  - **If you transferred in (PSEO, AP, CIS, Dual Credits) for MATH 103 College Algebra, STAT 330 Intro to Statistics, or any other math higher than 103, (R) is satisfied
- Math 103 or Math 104 is required to take STAT 330
- Required for HDFS program

STAT 330 Introductory Statistics
- Satisfies Quantitative Reasoning (R)
- Required for HDFS program
Any Science General Education Course (AGRI 115, UNIV 150, BIO, GEOL, CHEM, PHYS)
- Satisfies 3 credits of Science & Technology (S)
- Required for General Education

Biology Course with Co-Requisite Lab BIO 111 or 126 w/ BIO 100 Lab, or BIO 150/150 Lab, or BIO 220/220 Lab
- *If you transferred in (PSEO, AP, CIS, Dual Credit) Microbiology 202/202L that will satisfy your Biology course requirement.
- Satisfies 3 credits of Science & Technology (S)
- Required for Social Work Program Admission

Computer Science 114 or Transportation & Logistics 116
- Satisfies 3 credits of Science & Technology (S)
- Required for HDFS Program
Philosophy 101 Intro to Philosophy, or 215 Contemporary Moral Issues

- *Philosophy 210 Ethics satisfies Social Work Program requirement, but not Humanities and Fine Arts General Education requirement.
- Philosophy 215 satisfies 3 credits of Cultural Diversity (D)
- Satisfies 3 credits of Humanities & Fine Arts (A)
- Required for Social Work Program

Any Humanities and Fine Arts Elective Course
(ex: ART 110/111, ENGL 150/220, HIST 103/104, MUSC 100/108, PHIL 101/215, POLS 120, RELS 100, THEA 115, TIPS 101, WGS 110/112, foreign language courses)

- Satisfies 3 credits of Humanities & Fine Arts (A)
- Required for General Education
Social and Behavioral Sciences (B)

**Psychology 111 Intro to Psychology**
- Satisfies 3 credits of Social & Behavioral Sciences (B)
- Required for Social Work Program Admission

**HDFS 275 Diversity & Multiculturalism in Individual & Family Life**
- Satisfies Social & Behavioral Sciences (B)
- Satisfies 3 credits of Cultural Diversity (D)
- Required for HDFS program
Wellness (W)

HDFS 242 Couples, Marriages, Families

- Satisfies 3 credits of Social & Behavioral Sciences (B)
- Satisfies Wellness (W)
- Required for HDFS program
Cultural Diversity (D)
Global Perspectives (G)

<table>
<thead>
<tr>
<th>UNIVERSITY GENERAL EDUCATION REQUIREMENTS</th>
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<tbody>
<tr>
<td>Communication (C)</td>
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<tr>
<td><strong>ENGL 110</strong> College Composition I</td>
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<tr>
<td><strong>ENGL 120</strong> College Composition II</td>
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<tr>
<td><strong>COMM 110</strong> Fundamentals of Public Speaking</td>
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<tr>
<td>Upper Division Writing †</td>
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<tr>
<td>Quantitative Reasoning (R) †</td>
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<tr>
<td>Science and Technology (S) †</td>
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<tr>
<td>Humanities and Fine Arts (A) †</td>
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<tr>
<td>Social and Behavioral Sciences (B) †</td>
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<td><strong>Wellness (W) †</strong></td>
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<td><strong>Cultural Diversity (D) †</strong></td>
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<tr>
<td><strong>Global Perspectives (G) †</strong></td>
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<tr>
<td>Total Credits</td>
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</table>

**Economics 105 Elements of Economics, 201 Microeconomics, or 202 Macroeconomics**
- Satisfies Global Perspectives (G)
- Required for Social Work Program

**Any Cultural Diversity (D) Course**
- *Social Work program requires two 3 credit Cultural Diversity courses
- **PHIL 215 Contemporary Moral Issues satisfies both (D) and (A)
- Satisfies 3 credits of Cultural Diversity (D)

**HDFS 275 Diversity & Multiculturalism in Individual & Family Life**
- Satisfies 3 credits of Social & Behavioral Sciences (B)
- Satisfies 3 credits of Cultural Diversity (D)
# Official Curriculum Guides

<table>
<thead>
<tr>
<th>Field of Study</th>
<th>2021</th>
<th>2020</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Development and Family Science (Adult Development &amp; Aging)</td>
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<tr>
<td>Human Development and Family Science (Family Science)</td>
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<tr>
<td>Interior Design</td>
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<td>Sport Management</td>
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<tr>
<td>Women and Gender Studies</td>
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Minot State University
Course Requirements

Before students can start their Social Work courses the Fall of Sophomore year, they must have completed the following courses and have an NDSU Cumulative GPA of 2.00:

- ENGL 110 *Placement credit or complete course
- ENGL 120 (“C” or better if taken for ENGL 110 placement)
- BIO 111/100 Lab or BIO 126/100 Lab or BIO 150/150 Lab or BIO 220/220 Lab
- COMM 110
- POLS 115 or 215
- SOC 110
- PSYC 111
Social Work Program Requirements

Spring of Sophomore year a student will apply to the Social Work Program. A student must meet the following criteria to be considered for admission to the MiSU Social Work Program:

• Successful completion of SWK 250 and SWK 256
• Enrollment in SWK 330 (you will apply to the Social Work Program while taking SWK 330)
• A minimum cumulative NDSU GPA of 2.0
• A minimum SWK GPA of 2.5 (SWK 250 & 256 used for GPA calculation)
• Successful completion of ENGL 110 and 120, COMM 110, (BIO 111/100 Lab or BIO 126/100 Lab or BIO 150/150 Lab or BIO 220/220 Lab), POLS 115 or 215, SOC 110, PSYC 111
• Successful completion and documentation of 25 hours of volunteer experience during the SWK 250 class
  • (Credit is NOT granted for previous life, work, or volunteer experience)
• Satisfactory evaluation from the SWK 250 volunteer supervisor
• Completed self-evaluation from SWK 250 volunteer experience
• Demonstration of skills necessary for professional human interaction
• Completion and on-time submission of the social work application packet
Program FAQ materials

- Social Work/HDFS
- Look at class and grade requirements
- What can you do with an HDFS major?
  - https://family.science/where-we-work
  - https://career-advising.ndsu.edu/resources/what-can-i-do-with-this-major/
  - https://www.ndsu.edu/hdfs/undergraduate_studies/career_planning/
  - https://www.hdfscares.com/
Who is ultimately responsible for knowing and understanding NDSU Rules, Policies and procedures?
YOU!

An advisor assists students. However, “students are responsible for their academic decisions including the selection of courses, meeting course requisites (co-requisites/prerequisites), and adhering to policies, procedures, and deadlines.” – NDSU Bulletin
Advising Meetings

• Meet with me **once a semester** for HDFS advising to ensure you are in the correct courses and to ask any questions you have!

• I use Navigate for meeting with students
  • You can use the [web browser](#) or Navigate Student Mobile App

• After you meet with me, I will create an [Appointment Summary Report](#) on Navigate
  • *You can’t view the appointment summary on the app, you must use the web version.*
Questions? Contact me!

Andrea Abrahamson, *(she, her, hers)*

- Email: Andrea.A.Abrahamson@ndsu.edu
- Office: Evelyn Morrow Lebedeff Hall (EML) 270B
- Phone: 701-231-9849 (leave a voicemail)

Schedule an appointment with me on Navigate!

[https://ndsu.campus.eab.com/pal/8GoLUYmc3P](https://ndsu.campus.eab.com/pal/8GoLUYmc3P)

Scan the QR code by opening the camera/snapchat on your phone!

*Instructions for Navigate appointments with Andrea*