

79% OF NDSU STUDENTS

WILL TELL A PEER IF THEY ARE

HAVING SUICIDAL THOUGHTS

According to the 2018 NDSWAPS
North Dakota State University Institutional Report

EDUCATION ON HOW YOU CAN HELP

- ATTEND A GREEN BANDANA TRAINING SESSION**
- TAKE A WORKSHOP FROM THE COUNSELING CENTER**
- VISIT THE COUNSELING CENTER: ROOM 212 CERES HALL**
- GIVE WELLTRACK A TRY (AN INTERACTIVE SELF-HELP APP)**
DOWNLOAD AND REGISTER WITH YOUR NDSU EMAIL ADDRESS

GREEN BANDANA PLEDGE:

In taking this bandana and tying it to my backpack, I pledge:

- I will listen if you need to talk to someone**
- I will talk to someone if I need to be listened to**
- I will help you find someone to talk to when you need more support**
- I will find someone to talk to when I need more support**
- I will be accepting**
- I will be honest**
- I will see a person in need of support and not just their challenges**

TO LEARN MORE FOLLOW QR CODE



Student Health Service: (701) 231-7331
NDSU Counseling Center: (701) 231-7671



NDSU PRESIDENT'S COUNCIL
FOR CAMPUS WELL-BEING