

Discover U

Spent the day with us . . . See what YOU can DISCOVER about U!

Discover U!

Wednesday, February 17, 2010

8:30 a.m. – 3:30 p.m.

Great Plains Ballroom
Memorial Union

Discover U is an annual staff development focused workshop organized by Staff Senate at NDSU. This year we have selected the following presentations.

Communication Between Genders

Becoming aware of the differences between genders and learning a few new skills can go a long way toward being effective in getting your message across.

Negative Attitudes and Behaviors

No matter the cause of negativity, there are things you can do to address it as well as how to deal with the negativity of others.

How to Handle Change with Humor

Positive uses of humor to cope with rapid social changes and the stresses it creates.

Emotional Intelligence

How to use your own emotional intelligence for success in many areas of your life.

Menu:

Breakfast: Strudel sticks, petite caramel rolls, juice

Lunch: Baked potato bar with chili

Afternoon Break: Assorted cookies

* Coffee, tea and water will be available throughout the day.



Schedule of Events

8:30 to 9 a.m. - **Registration & Breakfast**

9 a.m. - **Welcome & Announcements**

Kris Mickelson, Emcee

Vance Olson, Staff Senate President

Interim President Hanson

9:30 to 10:30 a.m. - **Communication Between Genders**

Village Business Institute

10:30 to 10:45 a.m. - **Break**

10:45 to 11:45 a.m. - **Negative Attitudes and Behaviors**

Village Business Institute

Noon to 1 p.m. - **Lunch Buffet**

1 to 2 p.m. - **How to Handle Change with Humor**

Patty Corwin, Corwin Communications

2 to 2:15 p.m. - **Break**

2:15 to 3:15 p.m. - **Emotional Intelligence**

Patty Corwin, Corwin Communications

3:15 p.m. - **Closing & Door Prizes**

Broc Lietz, Assoc. Director of HR

Kris Mickelson, Emcee

✂ **Your registration form automatically enters you to win door prizes. Use separate forms for each person. Must be present to win.**

Registration Form

(Additional forms may be found on the staff senate website at www.ndsu.edu/staff_senate)

Name _____

Department _____

Campus Address _____ Phone Number _____

Email _____

Supervisor Approval _____

My department is paying for my registration – please attach your registration form to an IDB form. If your department is covering the cost for more than one person, we prefer to receive all registration forms with one IDB form. (\$20 per person – full day)

I have enclosed my personal check for \$20 payable to NDSU Staff Senate. Breakfast and Lunch is included with all registrations.

I am interested in joining Staff Senate.

Return this form along with your check or IDB form to: Carole Huber, IACC 258

Registration Deadline: 5:00 p.m. Monday, February 1, 2010

Individuals with disabilities are invited to request reasonable accommodations to participate in NDSU – sponsored programs and events. To request an accommodation(s), please contact Connie Jadry at 231-9738 by Friday, February 12 to make arrangements.

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