

Discover U

NDSU Staff Senate Presents **Nutrition Wellness**



Wednesday

January 12, 2011

8:30 – 9:15 a.m.

**Century Theater
Memorial Union**

Janet Brown, LRD, CDE

Licensed Registered Dietitian at Wallman Wellness Center

Janet will be discussing good nutrition, diets, weight-loss and personal wellness.

For more information on upcoming mini-sessions go to: www.ndsu.edu/staff_senate/

Sponsored by the NDSU Staff Senate Staff Development Committee

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