



**STUDENT HEALTH SERVICE**

**NORTH DAKOTA STATE UNIVERSITY**

## Our Mission

Supporting the academic success of our students by providing quality health care while promoting overall student well-being

## Our Vision

Promoting the well-being of students by empowering them with the knowledge, skills and spirit to take responsibility for personal, family and community health.

## About Us

Student Health Service provides preventive, acute and chronic care to enrolled and eligible NDSU students. Our team of highly qualified professionals supports the health and well-being of our diverse student population in an environment of confidentiality, compassion, respect and openness to each person's story. Our team of licensed and certified professionals includes:

- **Physicians**
- **Nurse practitioners (advanced practice nurses)**
- **Nurses**
- **Dietitian**
- **Pharmacists**
- **Medical laboratory scientists**
- **Radiologic technologist (X-ray)**
- **Health promotion**

Students may schedule an appointment with Student Health Service online through the secure Student Health Portal at [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice) or by calling the clinic at 701-231-7331.

**Confidentiality:** For students 18 years of age or older, Student Health Service is unable to disclose any information regarding a student's care or medical account balance(s) to family or other individuals unless written consent has been provided by the student. The form needed for written consent is called Authorization and Request for Release of Medical Information and is available at [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice).

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STUDENT WELL-BEING



## Clinical Services

### Services that are available to NDSU students at Student Health Service:

#### **Acute care**

Short-term care for conditions that need active, immediate (but not emergency) care. Some examples include colds, fever, flu; common infections (respiratory, urinary tract, skin); nausea, vomiting, diarrhea or other GI concerns; simple laceration repair.

#### **Primary care**

General, routine care that helps maintain health. It includes physical exams, gynecological exams, sports physicals, help with management of chronic conditions (asthma, allergies, diabetes, etc.), sexual health screening and treatment, and more.

#### **Preventive care**

Helps to lessen or remove the risk of harm due to illness or injury and includes immunizations, health screenings and help with managing lifestyle health choices.

#### **Mental health care**

Helps support a person's ability to cope with the stressors of life that impact the ability to work/learn productively, function effectively in relation to others and feel an overall sense of well-being. Some examples: anxiety, depression, ADHD management (not testing) and eating behavior concerns.

#### **Dietitian**

Services include consultation to discuss healthful eating, meal planning, food sensitivities, eating behavior concerns, weight management, and other dietary-related questions. Works in collaboration with the Health Promotion team addressing topics such as nutrition education and body positivity through outreach and education.

#### **Medical laboratory**

Testing is performed for diagnostic purposes on samples including blood, urine, throat and nasal swabs and more. The Student Health Service Medical Laboratory is a CLIA certified laboratory staffed by licensed laboratory professionals.

#### **Pharmacy**

Services are available to all enrolled students regardless of whether they are a patient at Student Health Service. The pharmacy can accommodate prescription transfers, new prescriptions and over-the-counter medications. The pharmacy is staffed by licensed pharmacists.

#### **X-ray**

Imaging is provided by a licensed radiologic technologist, and X-rays are read by a licensed radiologist to support diagnosis and care. Patients can request a digital copy of their images with completion of an Authorization and Request to Release Medical Information form.

## Immunizations Requirements

NDSU requires the following immunizations for all enrolled students:

### **Measles, Mumps, Rubella (MMR)**

- 2 documented doses after first birthday (must be at least 28 days apart)

Or

- Positive MMR titer results  
Titer = blood test to prove immunity

### **Meningitis (Meningococcal)**

- Students 21 years of age and younger must provide documentation of immunization after age 16.
- Must be the vaccination that protects against strains A, C, W and Y
- Meningitis-B does not meet this requirement.

### **Tuberculosis (TB) screening**

- TB testing is required for any student who has lived in or traveled to a country outside of the United States for more than 30 days where there is a high incidence of tuberculosis. Please call and ask to speak to a nurse to help determine if this is needed.
- International Students: Within one week of arriving on campus, all new international students are required to schedule a screening appointment with Student Health Service.

### **Deadlines for submitting immunization documentation:**

- Fall Semester – August 1
- Spring Semester – January 1
- Summer Semester – May 1

### **Submit your records:**

- Upload through the Student Health Portal
- Email: [ndsu.immunizations@ndsu.edu](mailto:ndsu.immunizations@ndsu.edu)
- Fax: 701-231-6132

### **Resources for finding your records:**

- Primary care providers (hospital/clinic records)
- Online health chart
- State Immunization registry
- High school transcripts
- Military records

### **Please reference the following for more information:**

- Website: [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice)
- Email: [ndsu.immunizations@ndsu.edu](mailto:ndsu.immunizations@ndsu.edu)
- Call: 701-231-7331



## Health Promotion

Through prevention, peer education, awareness campaigns, programs and presentations, NDSU Health promotion engages with the broader campus community to inform, educate and empower students to make healthy decisions that enhance their success and well-being. We envision NDSU as a health-promoting campus characterized by a culture that improves and sustains the well-being of its students and community.

**Health promotion programs and activities include but are not limited to:**

### Peer Education Programs

Peer Education is an approach to health promotion in which students are trained to promote health-enhancing knowledge and skills among their peers. These Peer Educators serve as positive role models to their fellow students while providing opportunities and information to engage in healthy decision-making and behaviors. Please see the Student Health Service website for more information at [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice).

Peer Education programs within Health Promotion include:

- Enough
- Healthy Herd Champions
- The Body Project
- Violence Prevention Educators

## Sexual Assault Prevention and Advocacy

The Sexual Assault Prevention and Advocacy program creates, coordinates and implements awareness and prevention programming and educational efforts regarding power-based personal violence, including sexual assault, relationship violence and stalking. Advocacy and support referrals are provided for students who have experienced incidents of sexual assault, sexual misconduct and/or relationship violence.

An important part of becoming a member of the NDSU campus community is taking part in the “We Take a Stand” training, an interactive program focused on preventing violence on our campus. In the training, students will learn how to recognize signs of sexual violence, dating violence and stalking, and how you can safely intervene if you see a friend or classmate in a potentially unhealthy situation. All incoming NDSU students (freshmen and transfer) are required to attend one session. Please see the Student Health Service website for more information at [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice).

## Substance Use Education

Our substance use education program strives to educate students and the campus community about the risks associated with alcohol use, communicate harm reduction techniques, and provide on-campus programs and activities. First-year students are required to complete Alcohol eCHECKUP TO GO, a brief interactive online activity that provides personalized feedback regarding the use of alcohol. Please see the Student Health Service website for more information at [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice) to complete this requirement.

NDSU complies with all state and federal laws prohibiting the use of illicit drugs on campus, including marijuana.



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## Insurance and Billing

Student Health Service will submit insurance claims for clinical and pharmaceutical services. Prior to receiving care, students are responsible to contact their insurance company to verify coverage, network status and referral requirements.

### Please make sure to bring the following information to all appointments:

- **Current health insurance information including the front and back of the insurance card (a photo of this information is acceptable)**
- **The policy holder's full name, address and date of birth**

Without this information, we cannot submit claims to the insurance company. If the insurance information is not received within three business days from the date of service, all charges will be posted to the student's account.

Once the claim(s) has been submitted and processed through the insurance company, all patient responsibility amounts will be posted to the student account.

Student account charges can be paid any of the following ways:

- **Online through Campus Connections (fees apply)**
- **Cash or check payments at NDSU One Stop**
- **Health Savings Accounts or Flexible Spending Accounts accepted at Student Health Service by phone or in person**

For more information regarding our billing process, please visit [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice) or call 701-231-7331.

## We are here to serve you.

### Our promise:

With each individual student's unique needs, background and belief systems at the center of care, Student Health Service takes a holistic approach to providing the latest evidence-based treatment with compassion, respect and openness to each person's story.

### Hours of operation:

#### 9-month Academic Year

8 a.m. – 5 p.m. (M-F)

#### Summer and Recognized Breaks

7:30 a.m. – 4 p.m. (M-F)

Please see the Student Health Service website for observed holiday closings and dates for recognized breaks at [www.ndsu.edu/studenthealthservice](http://www.ndsu.edu/studenthealthservice).

**IN CASE OF EMERGENCY, CALL 911.** 911 Service covers the campus and provides rapid response in a health emergency. Student Health does not provide emergency services.

# NDSU STUDENT HEALTH SERVICE

*Member of the American College Health Association  
Accredited by Accreditation Association for Ambulatory Health Care, Inc.*

**[ndsuhhs.edu](https://ndsuhhs.edu)**

**Clinic 701-231-7331 • Pharmacy 701-231-7332 • Fax 701-231-6132**

Located in the Wallman Wellness Center, #102  
1707 Centennial Boulevard  
Dept. 2842, PO Box 6050, Fargo, ND 58108-6050

## NORTH DAKOTA STATE UNIVERSITY

NDSU does not discriminate in its programs and activities on the basis of age, color, gender expression/identity, genetic information, marital status, national origin, participation in lawful off-campus activity, physical or mental disability, pregnancy, public assistance status, race, religion, sex, sexual orientation, spousal relationship to current employee, or veteran status, as applicable. Direct inquiries to: Vice Provost, Title IX/ADA Coordinator, Old Main 201, 701-231-7708, [ndsuhhs@ndsuhhs.edu](mailto:ndsuhhs@ndsuhhs.edu), 2/19