

# Amazing Milkshakes

*Design a shake better than McDonald's right at the Dining Center!*

## Ingredients:

- Milk
- Ice cream
- Oreo crumbles, sprinkles, strawberries, etc.

## Directions:

1. Grab a cup and put Oreo crumbles/sprinkles/strawberries/etc. on the bottom
2. Go to ice cream machine and put in enough to fill cup about 1/2 full
3. Go to milk machine and fill cup to desired portion size
4. Mix together carefully with a spoon
5. Enjoy!



*Per Serving: 1 Serving  
Calories: 549  
Protein: 9.1 g  
Fat: 14 g  
Carbohydrates: 75.9 g  
Fiber: 1.8 g  
\*using only Oreo crumbles\**

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