

Oatmeal Energy Bites

Ingredients

- 1 cup old fashioned rolled oats
- 1/2 cup mini chocolate chips
- 1/2 cup nut butter
- 1/4 cup ground flaxseed or chia seeds
- 1/3 cup honey
- 1/4 tsp. vanilla extract

Directions

1. Combine all ingredients in a large mixing bowl
2. Roll into ~1 inch balls
3. Refrigerate or freeze



***Recipe for 20-25 energy bites**