

HOW TO POP POPCORN

ON THE STOVE

Heat 3 tbsp of oil in a saucepan on medium high heat. Put 2-4 popcorn kernels in the pan and wait for them to pop. Once popped, add 1/3 cup of kernels evenly along the bottom of the pan and remove from heat. Wait about 30 seconds before placing the pan back on the burner. Once popping resumes, cover and shake pan back and forth on burner. Remove from heat when several seconds pass between pops.

IN THE MICROWAVE

Place 1/4 cup of popcorn kernels in a microwave safe bowl. Place a microwave safe plate over the bowl. Cook for about 5 minutes. Stop cooking when several seconds pass between pops. Remove bowl from microwave with oven mitt; bowl will be hot. Steam will escape when removing the plate, so be careful.

HOT AIR POPCORN POPPER

Hot air poppers are great way to pop popcorn. They don't require any oil. They can be found at retail stores or online.

