

CAMPUS WELL-BEING EDUCATORS

ABOUT

- The Campus Well-being Educator (CWEs) Program is dedicated to promoting healthy lifestyle choices to NDSU students through health and well-being programming and campus outreach with support of the President's Council for Campus Well-being.
- The CWE peer education program is housed in NDSU Student Health Service and works closely with the Health Promotion team.
- CWEs focus on important student health and well-being topics such as nutrition, exercise, improving mental health, general well-being and more!
- CWEs are students who serve as leaders and role models to fellow students and encourage others to make responsible and healthy lifestyle choices.
- CWEs exhibit a passion for health and well-being with a willingness to serve as a role model for other students.

RESPONSIBILITIES

- Assist in the design and implementation of program activities, awareness campaigns, presentations, and other campus outreach based on relevant health and well-being topics for NDSU students.
- Become knowledgeable about well-being, health behaviors, and health resources to appropriately refer and educate students.
- Work independently and with a team.

REQUIREMENTS

- Complete the application and get to know you process.
- Serve as a Campus Well-being Educator for one academic year.
- Dedicate *up to* 5 hours a week (including some evenings) to program planning, implementation, and campus outreach. Most weeks, your time commitment will only be 1-2 hours.
- Attend 1-hour weekly meetings (date/time TBD) and training sessions as scheduled.
Training Dates: Tentatively 8-17-23 and 8-18-23

BENEFITS

- Positively impact the health and well-being of your fellow NDSU students and the campus community.
- Gain knowledge on current health and well-being topics affecting college students.
- Develop skills in leadership, critical thinking, public speaking, and other communication methods.
- Involvement in a dynamic, proactive peer program.
- Opportunity to gain experience in program design and implementation.
- Expand your social network and develop positive working relationships.
- Build your resume.

HOW TO APPLY

Follow the QR code or visit bit.ly/PeerEdNDSU for more information and application details. For questions or more information, email ndsu.healthpromotion@ndsu.edu

