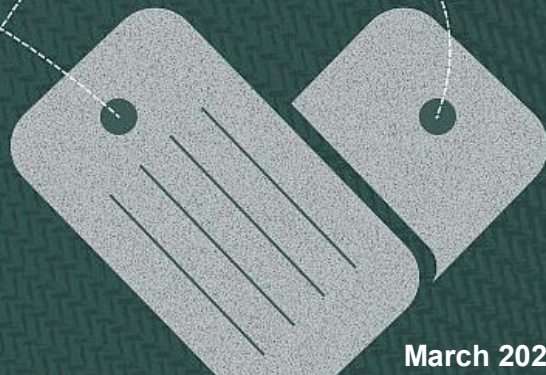


VALOR

VETERAN ★ ALLIANCE



March 2022

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Colleagues and friends,

Spring is but a few weeks away and I am hopeful that the weather will act in accordance with warming temperatures. February has been an interesting month in regard to weather. I applaud NDSU for making strong decisions on closures during this period. The health and safety of staff, faculty, students, and visitors should always be a primary concern for the campus.

February also brought us the news of Russia's invasion of Ukraine. This situation remains fluid and it is expected that those with ties to Ukraine, and many U.S. troops and their families, will be directly impacted by this event. Indirect impacts are likely to affect all Americans at the gas pump and with the increased likelihood of cyber attacks on U.S. systems. This month's call to action urges you to remain vigilant regarding cyber threats as a citizen. As is often said, if you see something, say something.

As we enter March and Women's History Month, I hope you take the time to learn more about the contributions women have made to our country and society. Women have a long history of military service and continue to significantly shape all military branches in which they serve. VALOR honors this service and expresses its gratitude to women veterans, and those women currently serving, for their commitment to our country's ideals.

As always, thank you for all you do for student veterans, have a delightful March.

Carol Cwiak, J.D., Ph.D.
 VALOR Faculty Liaison



Did you know...

"Less than 17 percent of the active duty military is made up of women, according to a [Government Accountability Office report](#)" released in May 2020 that focused on the period of 2004 through 2018. This represents "an increase of about 1 percent since 2004" ([Meghann Myers, Military Times, May 20, 2020](#)).

According to Myers' reporting re: the 2020 GAO report: "Much of that gap can be attributed to [attrition](#), the study found, because women are statistically 28 percent more likely than men get out before hitting retirement. To close it, the report recommended, the services and the office of the defense secretary need to develop guidance and monitoring to support the [recruiting and retention](#) of women. The top reasons women decide leave service show 'six themes, including family planning, sexual assault, and dependent care, as influencing separations,' according to GAO's report."



VCO Update
Jim Stoddard

You can visit Jim on campus at the Veterans Educational Training Office in Ceres 329; or by phone at 701-231-9706; or by email at james.stoddard@ndsu.edu.



Vaccines are the best way to reduce the potential of more severe health impacts from Covid-19.

You can get free vaccinations on campus (in the Memorial Union) on March 3rd from 1:30-5 PM at the upcoming vaccine clinic. Click [here](#) to make your appointment.

For more information on vaccines and your options to get them through NDSU, see [NDSU's vaccine page](#). Together we protect the herd.

In the US Air Force, the month of March has come to be known as “Mustache March”. Beginning from a clean shave on March 1st, male airmen have a tradition of attempting to imitate the legendary Vietnam-era triple-ace fighter pilot Brigadier General Robin Olds in their facial hair. Part of the story is that then-Colonel Olds humorously credited his full (and very out-of-regs!) waxed mustache with making him bullet-proof in air combat.

Most amateur mustache-growing airmen fall far short of his bad-assery, and most wives or girlfriends are very thankful when April rolls around, and these questionable projects are finally shaved away. Before that happens, there are often squadron contests to judge the ‘staches in various categories (Best “Tom Selleck” or “Ron Burgundy”, “Best Handlebar”, “Most Likely to Just be a Dirty Lip”, etc.), and it’s all in good fun. Fun fact: you will almost NEVER see a male Air Force officer wearing a mustache outside the month of March! Not that it’s against the uniform regulations; it just isn’t done. It’s one of those mysterious, unwritten customs that are common throughout military culture.



Brigadier General Robin Olds

Our School Certifying Official (Todd Yackley) and I just attended this year’s virtual Symposium on Military-Connected Students (SMCS). This event presents great information and research related to best practices for supporting veteran and military-affiliated college students. Topics covered were relevant to many areas within the Student Affairs field that support military students.

For example, from one panel discussion with two college presidents that are veterans, one thing I wrote down was that a great strategy for getting the administration’s attention on supporting campus veteran programs is to show the link to enrollment and retention. Other general themes of the symposium were highlighting the many strengths that veteran students possess rather than their perceived deficits, and framing our efforts to aim for a military “inclusive” campus, rather than just military “friendly”.

I’ll mention some of my other key take-aways at the next VALOR board meeting, and in the next newsletter. In the meantime, I’ll also be posting as many of the symposium’s shareable materials as I can here, where last year’s materials are as well: https://www.ndsu.edu/vet/ally_training_and_information/.

In 2020, the NDSU Dean of Students’ office started the *Student Voice Project*, an effort to hear student concerns and directly gather their input on a range of community concerns. The approach at that time was to engage with certain student organizations that seemed to represent key demographic areas of our student population. The Bison Student Veterans was one of those groups, and provided thoughts from their perspectives to many of the projects queries. You can review the compiled comments here: https://www.ndsu.edu/deanofstudents/student_voice_project/.

This project will continue through a direct-survey approach (look for that about once a month through the remainder of the semester), asking various student populations to give their thoughts on three new topics: Mental Health, Increasing Diversity and Inclusion, and the Future of Teaching and Learning at NDSU. A link to each month’s survey will be sent to our military students from me the same way I e-mail out this monthly newsletter. Students, please be on the lookout for the *Student Voice Project* survey invitation. I highly encourage you to respond with your thoughts from your unique perspective!

Student Veterans of America (SVA) is also inviting anyone that has ever served or is currently serving in the US military, as well as their dependent family members, to complete their Basic Needs and Well-being survey. They hope to gather vital information that will help policy makers, stakeholders, and leaders make data-driven decisions to support the veteran community. You can access the survey here: <https://studentveterans.org/research/student-veterans-basic-needs-and-wellness-survey/>, and click the red “Take the Survey” button. In fact, you can find lots of great info on scholarships, upcoming developmental or career-networking events, and other news on the SVA website.



Veteran's Voice

Craig Schwinden

VALOR Student Veteran Representative

Happy March, Student Veterans!

I must say that March just sounds warmer...I guess that means I have officially had enough of winter. My 57th winter on this planet has been tougher than usual. I hate to say it is age, but it probably is. The good news is we change our clocks on the 13th. That is helpful, isn't it? A later sunset means warmer weather to me...anyway, onward and upward!

This month does not feature anything special regarding G.I. Bill news. I am waiting to see what the V.A. will do with the housing allowance as they went right up to the end (literally) to extend it for the current semester. I have not heard about any changes for that policy, nor does it seem that another variant of COVID is anywhere in sight. Fingers crossed.

The V.A. has classes and other training available on their website. Here is a sampling from March:

[Introduction to Mind/Body Workshop](#)

3/3/22, 7-8:30 PM EST

[I Am Not Invisible 3.0 – Women Veterans Panel Discussion](#)

3/8/22, 6-7 PM EST

[Effective Communication](#)

3/8/22, 6-7:30-7:30 PM EST

[Stress Solutions](#)

3/8/22, 7-8:30 PM EST

As I noted, these are just a sampling of what the V.A. offers, see more [here](#).

On campus, the Bison Student Veterans are still at it. The March 1st meeting will be in the Meadow Lark room of the Memorial Union at 5:30 PM. This meeting will feature a guest speaker from the Cass County Veterans Service office well as the usual business of the organization. I encourage you to participate, especially those of you who still serve or are recently separated or retired. The Veterans Service people can provide information about some fantastic programs available to veterans. I remember my first meeting at their offices in Fargo. I had no idea what I had earned. It is worth your time to check it out.

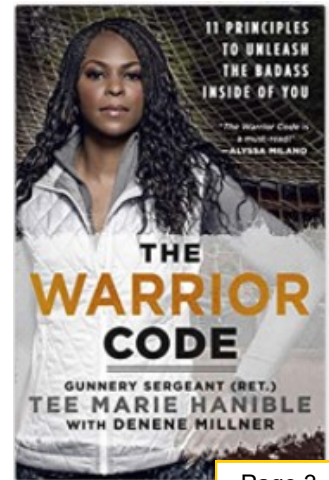
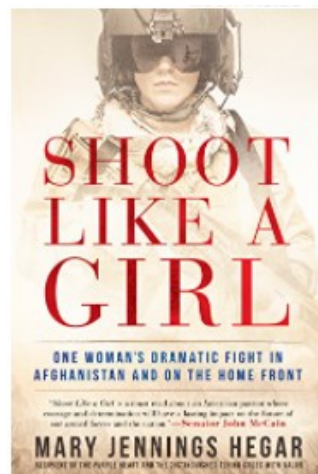
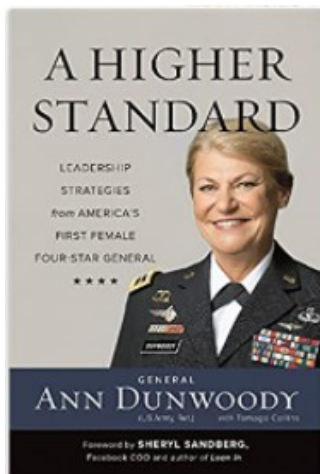
I know I continue to say this, but that one time might be the time somebody out there needs to hear it. Please take care of yourself and your buddies. I mentioned it is (will be?) getting warmer with more sun later in the day, but we are still in some stressful times. With the rumblings going on overseas, mid-terms, and eventually finals, it is stressful for a lot of people. Thank goodness we aren't dealing with a pandemic or something like that! Please do buddy-checks - thank you.

Lastly, please check this month's Student Veteran profile. Airman First Class Maria Schauer comes to us from Lake Park, Minnesota and is majoring in nursing. She is also in a healthcare billet at the 119th Wing in the North Dakota Air Guard. When you see her, say 'Thanks'.

Thank you for your service. I am always available to hear your suggestions, questions, or comments about this column or other VALOR matters. Please do hesitate to reach out to me at craig.schwinden@ndsu.edu.



Weekend Reading: Books by Women Veterans





THE SPOTLIGHT

Name: Maria Schauer

Major/Minor: Nursing

Originally from: Lake Park, MN

Current city: Fargo, ND

Career plans after college: I look forward to working as either a pediatric, obstetric or NICU registered nurse on the civilian side and hopefully commissioning to become an officer in my Air National Guard unit.

Military Service/Awards: I enlisted in the North Dakota Air National Guard following my high school graduation in 2020. I am currently an Airman First Class (E-3) and belong to the 119th Medical Group as a Health Services Management apprentice. I was honored to be awarded "Honor Graduate" in my graduating class at basic training and was recently coined by the Director of the Air National Guard for my work done helping my unit with its Covid response mission this past summer.

NDSU activities/engagement: Since beginning school at NDSU last fall (2021), I have enjoyed getting involved in a variety of on campus activities. Some of these include playing intramural basketball and volleyball; being involved in BisonCatholic events 2-3 days a week; attending a bible study, being a member of Bison Student Veterans as well as the Student Nurses Association.

Community activities/engagement: Since beginning school at NDSU, I have enjoyed volunteering a couple times at the Perry Center here in Fargo. I also love singing in the choir and cantoring at my local church.

College scholarships, awards, etc.: Besides the incredible military financial aid, I have been fortunate to receive two scholarships to put toward my academics. I received NDSU's presidential scholarship as well as a scholarship from my hometown church.

An interesting tidbit about the veteran: I grew up on a farm in rural MN with 7 siblings and enjoy everything livestock (especially cattle), farming, hunting, running, basketball and reading.

Favorite experience/memories/etc. at NDSU: All of my favorite memories made here at NDSU so far were made special because of the great friends I was with when I experienced them. A few examples are attending Bison football games, playing sports (basketball, volleyball, 2-hand touch football, frisbee golf and many others), and just having low key study hang outs with friends.



Maria Schauer and family

CALL TO ACTION: **REMAIN VIGILANT**

It is expected that the United States will see an increase in cyber attacks over the weeks and months to come from the Russian government. During this period of heightened threat it is important for all citizens to remain vigilant regarding their cyber engagement. It is not uncommon for cyber attacks to gain a foothold in systems by accessing unsuspecting users' accounts. Pay heightened attention to the systems you engage with, particularly those systems that you have secured access to. If you are unsure about an email, link, or site that you are engaging with in regard to NDSU or other systems accessed via your NDSU credentials, reach out to IT and share your concerns. It is not uncommon for the first alerts regarding cyber attacks to come from system users who notice something odd. With heightened awareness we all have the power to help protect systems from being infiltrated and impacted, if you see something,

Fire Watch*Brennan Lemar and Devon Patton, BSV*

It is hard to believe that we are already approaching the halfway point of spring semester. It may not seem like it with our recent weather, but spring is just around the corner. Our next meeting is Tuesday, March 1st at 5:30 PM in the Meadow Lark room of the Memorial Union. Our featured speaker this month is from the Cass County Veterans Service Office. We are very interested to hear about what services and support they have to offer. If you or someone you know may be interested in speaking at one of our upcoming meetings, we encourage you to contact us.

March 1st will also be the last day to submit T-shirt requests. If you are interested reach out to one of us and we will get you on the list. This round of shirts will be green and gold, and the cost is \$18.

We will be holding elections for BSV officer positions in April, if you are interested in running please contact us!

We look forward to continuing this semester with our fellow student veterans, staff, faculty, and allies.

**10 Things You Probably Didn't Know About Women in the Military**

1. Female Marines didn't always attend boot camp in Parris Island, South Carolina. Prior to 1949, female Marine recruits received their training at pre-existing female Navy training schools or at the Marine Corps' Women Reserve School at Camp LeJeune, North Carolina.

2. In 1908, President Theodore Roosevelt established the Navy Nurse Corps. The first 20 women of the Corps (known as "The Sacred Twenty") were led by Esther Hasson who served as a Army contract nurse in the Spanish American War before being appointed head of the Corps.

3. During WWII, hundreds of women participated in the Women Airforce Service Pilots (WASP) program. These pioneer female pilots helped test and ferry military aircraft around the country and were led by Jacqueline Cochran, the first woman to break the sound barrier. In 1977, WASP members were officially recognized as Air Force veterans. In 2010, they were awarded the Congressional Gold Medal.



Four members of the United States Women's Airforce Service Pilots (WASPs) receive final instructions as they chart a cross-country course on the flight line of U.S. airport.. Photo Credit: National Archives

4. In 1998, Cmdr. Maureen A. Farren became the first woman to lead a combatant ship, the USS Mount Vernon.

5. Coast Guard Seaman Ina J. Toavs became the first woman to receive the Coast Guard Medal in 1979 for assisting in the rescue of an unconscious fisherman near Bodega Bay, California. The Coast Guard Medal is a peacetime award given for acts of heroism outside of combat.

6. In 1984, Kristine Holderied became the first woman to graduate as valedictorian of her class at the U.S. Naval Academy. She now works as an oceanographer in Alaska for NOAA and recently won an Employee of the Year Award.

7. In 2016, Brig. Gen. Diana Holland became the first woman to serve as the West Point Commandant of Cadets.

8. In 1978, Joan C. Bynum, a Navy nurse, became first black female promoted to the rank of captain.

9. Maternity uniforms weren't introduced until the 1970s, when women were first permitted to continue serving in the military throughout and after their pregnancies. Now, all branches offer pregnancy uniforms for expecting female service members.

10. In 1980, the 54 women graduated from America's service academies for the first time. Over half the graduates from the U.S. Naval Academy went on to become career naval officers.

Career Corner

Jerry South, Assistant Director, Career Coaching, NDSU Career and Advising Center



The military can be a very demanding occupation asking us to sacrifice our time, our energy and often much more. Back in my day, it was so challenging I was not sure if I would have anything left to give by the time my shift was over. But let's face it, there always seems to be a little something extra to give. Shoot, we even had a motto, 'you work hard, you earn the right to play harder'. I can remember some questionable situations I got into, and you can be sure a few of my friends would remind me of it every chance they got over the years. Sometimes even with photo evidence!

These days that photo evidence would have been placed on all kinds of social media platforms for the world to see. Unfortunately, situations that were all 'fun and games' aren't always perceived as such by people who were not there. Instead they add their own narrative to the photo which can really put you in a bad light. We see this all the time on the news as media and other organizations spin the past into something it may not have been for the sake of advancing their own agenda. Now I am not suggesting an employer who is doing a bit of social media scrubbing on their candidates is 'out to get' anyone, but we need to realize that others' perception of us matters. We are not there to clarify a photo, or explain a precarious looking situation they are seeing or reading about. That is why it is so important that you monitor and manage your digital footprint. I want to share a few quick tips on how to do this.

1. Google your name and review the results; both written and images. Determine if what you are finding accurately reflects the person you are...someone an employer would want to hire.



2. Check your privacy setting on your social media accounts.

3. Look to see photos you were tagged in and first, ensure it is you; second, if it is inappropriate, ask the person who posted it to un-tag you, or take it down.

Yourself

Google Search



4. Determine if your posts are appropriate for everyone to see. For example, if they are political in nature, do they have a supportive or a negative connotation? An employer may see a negative post as an indication that you may post about them if you are upset with them.

5. What type of language are you using? I evaluate this using the phrase, 'would you talk to your grandma that way?' If the answer is no, then look for other ways to express your point of view.

In today's world it is normal for employers to screen applicants by searching various platforms looking to get an idea of who is applying for their positions. Make sure when they search your name, they find the 'shining star' you are, and not the 'diamond in the rough'. As always, come on over to the Career and Advising Center if you have any questions. We are here to help you 'polish' your professionalism.

Upcoming Events:

March 2nd, 5-7 PM - ComDel Innovations (on-campus); March 31st, 1-4 PM, Memorial Union, Part-Time & Summer Job Fair



Do you need **money** for an emergency or **food** to get you through a rough patch?
Check out [NDSU's Emergency Fund](#) and the [NDSU Food Pantry](#).

Also check out these five free meditation apps ([click here](#)) to help you increase your calm and focus.

PROTECT THE HERD



valor.veteran.alliance.organization/

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Chapter 1606 Army National Guard Students

Military and Veteran Certification Office



Todd Yackley

Greetings from the School Certifying Office at NDSU. There has been a lot of questions for our Army Guard and Reserve team here at NDSU. Air Guard uses a separate process. Questions arise between Federal Tuition Assistance (FTA) and State Tuition Assistance (STA). FTA is a program run under ArmyIgnitED. The program is working albeit a bit slow. Anyone wanting STA must have an ArmyIgnitED account and apply for FTA first. FTA pays a maximum of \$4,000 a year. It is currently running about 3-4 months late. It has had its share of issues but we are working through it. What students need to know is as of now if you have an ArmyIgnitED account you will be submitted for FTA. For ND residents, this will cover your semester tuition based on the 35% tuition waiver that you receive from the University. MN residents will still have a balance and can request State Tuition Reimbursement from the State of MN.

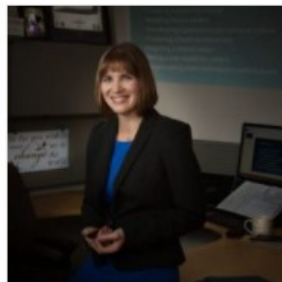
With the Cap of \$4,000 you can expect FTA to pay one semester and STA to pay the second semester. We are working diligently to get tuition paid in a timely manner but are working through issues with ArmyIgnitED. Please be patient as we get the program off the ground. You do not need to go into ArmyIgnitED and add your classes as of yet. That function still isn't available and I do that function for you until the feature is available. If you have any questions stop by and we can talk about it.



Women Veterans Alliance created a feature series titled - ["What Does a Woman Veteran Look Like"](#) - that captures the stories of a collection of women veterans. Check out the series to learn more about the women veterans shown here (and more).



Introducing Megan MacPherson, Navy Veteran (Vol I)



Meet Sara Reed, Air Force Veteran (Vol I)



Introducing Tiffany Lujan, Navy Veteran (Vol I)



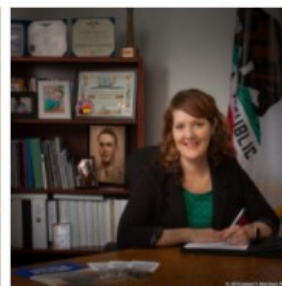
Meet Sevrine Banks, Army Veteran (Vol I)



Meet Danielle Marshall, Air Force Veteran (Vol II)



Meet Kathy Takayama, Navy Veteran (Vol 1)



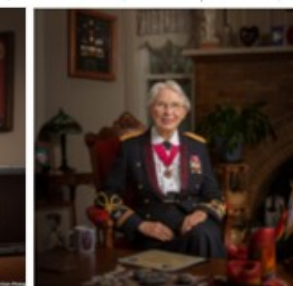
Meet Lindsey Sin, Navy Veteran (Vol II)



Meet Kiyo Sato, Air Force Veteran (Vol II)



Meet Jaclyn Kirkwood, Marine Veteran (Vol II)



Meet Col. Patsy Thompson, Air Force Veteran ~ Army National Guard (Retired) (Vol II)

"Let every nation know, whether it wishes us well or ill, that we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, in order to assure the survival and the success of liberty."

~John F. Kennedy

COMING UP

Local Events

On **Wednesday, March 9th, from 10 AM-12 PM**, veterans and their families can visit the **Fargo Air Museum's Veterans Coffee Hour** for free Sandy's Donuts and coffee. This event is held every second Wednesday of each month at 1609 19th Ave. N., Fargo.

The impactful **Warriors in the North - Healing Through Art** exhibit hosted by the Historical and Cultural Society of Clay County will close soon (March 6th is the final day) - don't miss this powerful exhibit! It is open to the public at the **Hjemkost Center** (202 1st Ave. N., Moorhead, MN) during operational hours (see more [here](#)).

On **Monday, March 21st** (and the 3rd Monday of every month), **from 1-4 PM** visit the **free, walk-in legal clinic** for help for low-income veterans with civil legal matters at **Fargo VA's Community Resource and Referral Center (CRCC)**. The CRCC is on 1st Avenue N. in downtown Fargo, next to the Federal Courthouse.

Tuesday nights, 6:30 – 9:30 PM through **April 5th** (except for March 15th), **free individual income tax preparation assistance** is available from volunteers from NDSU's College of Business at the **NDSU Library**, Computer Clusters 14A, B, and C (basement). Find more information [here](#).

Connect Locally via Facebook**NDDVA**

facebook.com/NDDVA/

DAV North Dakota

facebook.com/davnorthdakota/

American Legion Post 2

facebook.com/americanlegionpost2/

American Legion Post 21

facebook.com/legionpost21/

North Dakota American Legion

facebook.com/NDAmericanLegion/

Dilworth VFW Post 1223

facebook.com/VFW-Post-1223-106022496155155/

Fargo VFW Post 762

facebook.com/fargovfwclub/

West Fargo VFW Post 7564

facebook.com/VFW7564.org/

North Dakota Veterans Educational Training

facebook.com/VeteransEducationalTraining/

Bison Student Veterans

facebook.com/BisonVeterans

VALOR

facebook.com/valor.veteran.alliance.organization/

March

Women's History Month	Month of March
Navy Reserve Birthday	March 3
Hug a GI Day	March 4
Seabee Birthday	March 5
K9 Veterans Day	March 13
American Legion Birthday	March 15
Rosie the Riveter Day	March 21
Medal of Honor Day	March 25
National Vietnam War Veterans Day	March 29

April

Month of the Military Child	Month of April
Military Saves Month	Month of April
Gold Star Spouses Day	April 5
National Former POW Recognition Day	April 9
Air Force Reserve Birthday	April 14
Purple Up! Day	April 15
Army Reserve Birthday	April 23
National Military Brats Day	April 30

May

Month of the Military Caregiver	Month of May
National Military Appreciation Month	Month of May
Silver Star Service Banner Day	May 1
Military Spouse Appreciation Day	May 6
VE Day	May 8
Children of Fallen Patriots Day	May 13
Armed Forces Day	May 21
Memorial Day	May 30

Fargo Veteran Virtual Job Fair
April 12, 2022, 11 AM—2 PM

This event is sponsored by MilitaryX—[register here](#).
From the MilitaryX site: "Each year, MilitaryX helps thousands of veterans find their next career move.. Past employers in Fargo have included Amazon, Apple, and TSA. These and other great employers have hired veterans full-time across a swathe of industries ranging from accounting, to IT, to HR, to sales."



Thank
you for
your
service.

The military is not the only place where women have served their country's cause throughout America's history. In celebration of Women's History Month, we remember one incredible American woman who answered the call to duty, even if she did not wear a military uniform. This American woman was Clara Barton.



Clara Barton Photo credit: Red Cross

Clarissa "Clara" Harlowe Barton was born December 25, 1821, in North Oxford, Massachusetts. In her early adult years, she was a teacher who had moderate success. One of her challenges was the fact that she would not physically punish her students to maintain discipline, although that was a common practice in 19th century schools. In 1850, she resigned to become the first female clerk at the U.S. Patent Office. When James Buchanan became president in 1857, his administration eliminated her position and Barton went back home to North Oxford. She returned to her position at the patent office when the administration of Abraham Lincoln assumed office in 1861.

In April of 1861, she assisted wounded members of the 6th Massachusetts Regiment who had been attacked by a mob of rioting Southern sympathizers in the streets of Baltimore. She created a network of volunteers to assist with medical care, food, medicine, and clothing throughout the mid-Atlantic United States. This network would continue for the entirety of the Civil War.

When Barton's request to take on the work of two clerks at the patent office for the salary of one, so those two male clerks could serve in the Union Army, was denied, Barton resigned and began to write the book on battlefield nursing. She first tended to Union soldiers at the First Battle of Bull Run in March of 1862 and then at Ball's Bluff where she knew some of the soldiers which were from Massachusetts. Barton noticed that many men were dying from wounds that just required simple treatment and care that a nurse could perform. Doctors were too busy with much more severe wounds such as amputations, fractures, and bullet wounds. However, at the time, women were not allowed in field hospitals due to military regulations and societal mores of the time.

Finally, in late 1862, Barton was given permission to serve Union Army field hospitals. She delivered supplies, assisted surgeons, trained nurses, cooked soup, sewed damaged uniforms, and wrote the soldiers' families about their loved ones. She served in some of the war's more famous battles. Both battles of Bull Run, Antietam, Harper's Ferry, South Mountain, and Fredericksburg (having had a bullet pass through her blouse there). In 1865, President Lincoln appointed Barton to head the "Friends of the Missing Men of the United States Army" an organization that searched for missing men from the war's battles. In this role, she was instrumental in discovering the nearly 13,000 men who had died of the brutal conditions at Andersonville Prison in Georgia. Today, largely due to Barton's efforts, Andersonville National Cemetery sits on the grounds of that infamous prison near Andersonville. "Friends of the Missing Men" would operate until 1869 locating nearly 22,000 missing soldiers.

After the Civil War and suffering from exhaustion, Barton rested in Switzerland where she met members of the soon to be International Red Cross Organization. Through these connections and with their support, Barton organized relief efforts in Strasbourg and Paris, France during the Franco-Prussian War.

Back in the states, she took advantage of the publicity the International Red Cross had received and lobbied for an American version. On May 21st, 1881, the American Red Cross was born, and Clara Barton was elected its first president. The organization has served victims of some of the most infamous natural disasters in American history. The Michigan forest fires of 1881 and the Johnstown, Pennsylvania flood of 1889 were just a couple where the new Red Cross would first make its mark. In 1898, she traveled with nurses to Cuba to serve American soldiers in the Spanish-American War. Barton was 76 at the time.

Finally, in her last act as President of the American Red Cross, she directly led relief efforts to help survivors of one of the deadliest disasters in American history, the Galveston, Texas, hurricane of 1900. In 1905, she established the National First Aid Association of America, which emphasized basic first aid instruction and emergency preparedness, and served as honorary president for five years. Clara Barton died in 1912 at the age of 90 in Glen Echo, Maryland.

In 2019, the last year data is available, the American Red Cross served over 1.1 million meals and snacks and distributed over 354,000 relief items to people devastated by disasters. In addition, they distributed emergency financial assistance to over 376,000 people for disaster needs like food and lodging (Red Cross, 2019).